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## LAC ENJOYS TELLURIDE WITH FAR WEST-



🖉 See page 6-7 for Telluride Details.

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#### Check out NSCF deals-

www.skifederation.org Username: **skiclub** password: **member** 

## PRESIDENT'S MESSAGE



#### by Rinda Zlohlwend, LXC President > > > > > > > >

#### Off to the Races-

The race season is off and running. Don't miss out on the SOCALS coming up March 4-5, 2005. See page 9 for details.

#### Off to the Slopes in 2006-

LAC has had two successful trips so far this season. Congratulations to the LA racers for winning at Telluride.



Our own Laura Priess, Singles, and Don Shafe, Century City had the most points for woman and men.

I've heard that Snowbasin and Powder Mountain were a hit. The snow was outstanding even though they hadn't gotten any in a

while.

Next month we're off to Kitzbuhl and Prague and although I'm not sure of the number, I know the trip has been filled for some time now.

#### LAC Directory-

Please pick up our LAC Directory at the general meetings. And, remember, our new meeting location is at the Grinder Restaurant, 8521 S. Sepulveda Blvd., Westchester [entrance off Westchester].

#### **Club Appreciation**-

Club Appreciation will be April 29, 2006 at Mammoth.

Hope to see you at a meetings or on the slopes! \* *Rinda* 

## FANTASY SKIING [OR TAKING IT TO THE SLOPES]

\* poem by Judy Barrat, Conejo Ski & Sports Club

I asked some of you how it feels to ski, to gather information You used words like "indescribable" and "great exhilaration" I took your words and thoughts and dove into my imagination to parallel your experience with what could cause ME such elation So now if you'll allow me, you just might find it fun I'll take you all with me on my fantasy virgin run

I push off from the mountaintop and gently down I glide Very tentative at first, I move from side to side My breath comes out in little clouds, I feel the winter chill And as graceful as a dancer I am skiing down this hill I'm thinking "this is not so tough; I think I've got the knack" I'm not sure where I'm going, but there is no turning back I'm moving somewhat faster now, I'm not ready for this yet That little chill has gone away and I've begun to sweat I see some moguls up ahead, my heart begins to pound I angulate my hips and thighs with every up and down I'm breathing faster, digging in, my knees are growing weak I feel I'm losing all control and I let out a shriek I'm streaking down the mountain through a blur of haze and mist And life on the periphery is ceasing to exist Suddenly I'm airborne; I can hardly breathe at all For a moment I'm suspended and then I start to fall The fall gives way to floating and the air smells musky sweet My breathing slows to normal and I'm landing on my feet The air is growing cooler and I shiver with the chill I ponder what just happened as I look back at the hill There's something so familiar that I just can't place, but then The one thing that I know for sure – I want to go again! \*\*

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## MEMBERSHIP MATTERS

> > > > > > > > > > > > > > > by Jris Zilliams, LXC Membership NP

This has been one heck of a year. Winter is showing its full effects — a blizzard in Tahoe, lots of snow in Colorado for a change, and even more snow for Mammoth. Looks like we are on target for a great ski season. Eh?

#### Thanks-

Thanks to everyone who helped with the Tsunami and Katrina efforts. You will truly be blessed. Hopefully no major natural disaster will affect yours, or your love ones, lives.

#### Updates-

Remember to forward all new officers changes to VP Membership so that our communications of information will be seamless.

By now, you should have your CST # [California Seller of Travel] renewed or registered.

It's time to start thinking about club and council elections. All elections information for Spring should be ready and forwarded to VP Membership by April 2006. Get involved in LA Council during 2006 and increase the excitement!

#### A Ski Poem-

Old Man winter is here so have no fear,

We will ski his house until he stops shedding tears.

Then when his coat begins to melt,

We will water ski down his pelt!

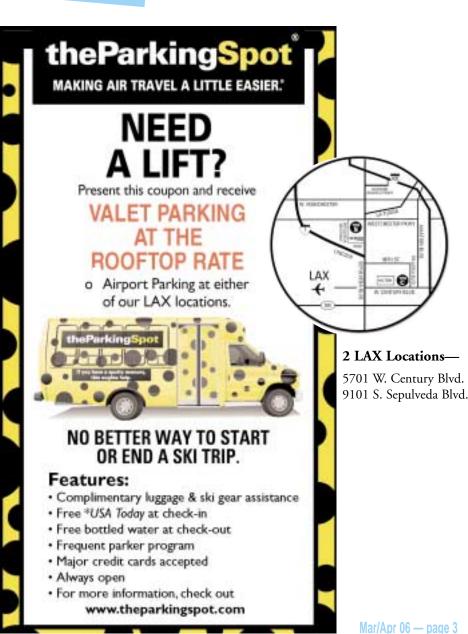
#### Membership Has its Benefits-

Be sure to check out the LA Council web site [lacouncil.org], the Far West web site [fwsa.org] and the National Ski Council Federation web site [skifederation.org, User ID= skiclub, Password= member] for the latest member discounts!

Be Safe. Be blessed! \*









\$590-775<sup>°</sup>

\$590

\$615

\$760



# Jackson Hole, WY February 3-10, 2007

## Trip Includes—

- Round Trip Transfers from airport to lodging
- 7 Nights Lodging (double occ.)
- 5 out of 7 Days Lift Tickets - Seniors 65+ deduct \$85
- Welcome Party
- 2 runs / 2 days of Races (4 runs total)
- Mountain Picnic
- Farewell Banquet and Dance

## Lodging Options—

- Elk Country Inn Hotel
- 49er Inn\* Hotel
- Best Western\* Hotel
- Snow King Resort Hotel or Condos \$685-775
  - \* Includes breakfast

### Options-

- 4 out of 6 Day Lift Ticket
  - Adults deduct \$35, Seniors 65+ deduct \$105
- Snowmobiling to Yellowstone
- Grand Targhee Skiing
  - \$69 for lift and transportation [2006 prices]

### Deposit & Cancellation Policy-

Date	Deposit Due	Cancellation Fee <sup>+</sup>
NOW	\$50/pp	none
July 1, 2006	\$200/pp	none
October 1, 2006	\$200/pp	\$100
December 1, 2006	Balance	\$200
January 1, 2007		No refund unless replaced

### **Reservations & Information**—

- Make checks payable to LA Council and send to Bonnie West, 4005 Overcrest Dr., Whittier, CA 90601
- Contact Bonnie West at 562.699.8880 or travel@lacouncil.org













## TRAVEL TIDBITS

#### 

#### Telluride— February 4-11, 2006

Telluride was an awesome Ski Week. LA kick +!%\$ at the races. The weather was clear and sunny. See pages 6 for details.

#### Snowbasin & Powder Mtn– February 23-27, 2006

Reports are that everyone loved the hotel in Davis, UT and enjoyed the skiing. Again, the weather was sunny and could have used a little more snow.

#### Jackson Hole 2007 Ski Week— February 3-10, 2007

It is official – LAC Ski Week is to Jackson Hole, WY February 3-10, 2007. Last time LAC did Ski Week at Jackson was in 1992, nearly 15 years ago! We are taking deposits of \$50 per person for the number your club hopes to bring. (This is flexible until final payment.)

Lodging is offered at the Snow King resort or in town. The consensus of individuals on the familiarization trip was that it isn't a good idea to stay at the mountain. The last bus to get back to the mountain leaves before 10:00 p.m. and it is a long, cold walk if you miss that one! See the flyer on page 4 for details.

#### Steamboat FWSA Ski Week 2007— Jan 27 – Feb 3, 2007

Although LA Council went to Steamboat in 2005, there may be some people in the various clubs who would like to go back. As of this writing, we have not received any information on lodging or pricing from Far West.

#### Seller of Travel-

Remember, if your club advertises or promotes any trip involving air or sea travel (could be a cruise) you need to have a California Seller of Travel (CST). According to the DA, you cannot even take the money and pass it through the club. All transactions should go to a tour operator who has a CST number.

There is an amendment to that bill that would revise the definition of seller of travel to include land or water vessel transportation, if the charge exceeds \$300. This would then Courtesy Catherine Oh include buses, i.e., even our buses to Mammoth, although usually our Mammoth trips are under \$300. This amendment is currently being held at desk, but it appears that it would certainly pass if ever brought up again.





The statue can be found at http://ag.ca.gov/travel/ and the proposed amendment can be found at http://info.sen.ca.gov BILL NUMBER: SB 263 in the CA Senate.

Ski you on the slopes. \*

Bonnie

### Big Bear Road Closed

Hwy 330 has been closed due to a mudslide. As of March 3, 2006 they do not anticipate it opening for at least three weeks.

Alternate routes are HWY 38 (through Redlands) or HWY 18 (through Lucerne).

For automated information on road conditions, please use a touch-tone telephone to call (800) 427-7623 and enter the highway number on which you plan to travel. \*\*

### View California's Latest Ski Resort Promotion

California's latest tourism media campaign points viewers to www.visitcaliforniasnow.com, where you can view the director's cut of the **Schwarzenegger** 30-second commercial, peruse the biographies of California's winter sports heroes, pinpoint and research California's resorts, and ski against the Governor in an interactive online game.

The 30-second commerical spot has been airing in the western United States and other selected markets, on airlines flights, and at premiere showings of Warren Miller's Higher Ground. This program is all part of CTTC's \$7.3 million annual media buy. \*\*



## TELLURIDE WRAP, FEBRUARY 4-11, 2006

The weather was great, the sun was shining and after everyone finally arrived and their luggage got there had a wonderful time. (Far West should have taken a tip from what LA did when we went to Big White and hired a van to transport all the skis from Denver.)

#### LA Wins at Ski Week-

LA Council had the most points of all the councils for Ski Week and **Laura Priess**, Single Ski Club and **Don Shafe**, Century City, won the most points individually for the week. **Rick Harrington**, Auslich, was third for the men.

#### Council Challenge-

LA also had two race teams for the Council Challenge. In this challenge, 7 out of the 8 people must finish. Team 2 came in second overall and was composed of Sherrie Marco, Bettie Shepard, Ginger Coltrin, Scott Anderson, Steve Skinner, Bob Warzynski and Michele Shafe.

Seems the Team 1 captain Rick forgot to tell the team that at least 7 of them had to finish! Team 1 members were **Don Shafe, Rick Harrington** (captain), **Art Pressel, Jr., Jan Grant, Laura Priess, Karyn Purmort,** and **Chris Borel**.

#### Council Party-

The Council party at Smuggler's had lots of appetizers, so we were able to make a dinner out of it, contrary to what I was led to believe by the management.

#### Ski Week-

There was no new snow for the week, but the warm sun, and virtually no wind made for some great runs on the groomed cruisers. The ungroomed runs had plenty great snow also. Lots of extreme terrain can be found at the top of the mountain off the Gold Hill chair.

Runs like The Plunge and Spiral Stairs were the first few trails to be cut at Telluride, and provide great views of this quaint old mining town.

Privately owned businesses support the town of Telluride. There is no McDonalds or Wal-Mart here. Telluride has the only publicly funded gondola in the USA. It is free to ride. \*\*



Tri Valley at Mountain Picnic



Auslich at Mountain Picnic





Rick Harrington, Laura Priess, Don Shafe

page 6 — Mar/Apr 06 Lunc

Lunch Sun Bathers

## SKIING & PARTYING WITH LAC & FAR WEST

> > > > > > > by Kathy Paisley, as appeared in "The Unrecables News"

#### Thanks LA Council—

Words cannot express the gratitude both **Gina Ariola** and I felt as the honored recipients of the Telluride scholarship from the LA Council.

From the moment we arrived at the airport and entered the bus at Gunnison, we had offers from the other passengers to assist me on and off the bus and to assist Gina in carrying our suitcases and equipment.

#### Accessibility-

Upon our arrival to Telluride, we soon discovered that we were in for some chilly weather.

The first night we took the Gondola (which was totally wheelchair accessible)10,000 feet up and across from the Town of Telluride to the Mountain Village to get our information packet.

We were starving so decided to go to the nearest joint to have a hamburger. We enjoyed the most delicious burger ever, as it was made of prime rib/top sirloin/filet mignon. Umm,umm. On the second day we ended up sleeping the entire day, then joined the FWSA for the Super Bowl/Welcome Party.

#### Telluride Adaptive Program-

On Monday, I was able to hook up with the Telluride Adaptive Program, which was coincidently having a 4-day camp (Expand Your Horizons Ski Camp) with the top monoskiers (including 12 time paralympian gold medalist, **Sara Will**, and U.S. Ski Team member **Bill Bowness**, to name a couple).

There were about 10 mono-skiers in addition to other adaptive disciplines participating in the camp. I was able to gain ski tips to improve my ski ability. I learned so much and had such a great time skiing with all these people and getting to know them.

By the end of the week, I finally accomplished something I never thought I would, I loaded/rode the ski lift all by myself -yeah!!! I completed the NASTAR course 3 times without a single "Wild World of Sports" moment (at least the agony of defeat part!).

#### The Fun Times—

Between LA Council/FWSA and the monoski camp, we were kept very busy and enjoyed lots of free food! We stayed at the Victorian Inn which was only a block or so away from the Gondola.

The weather was perfect. There was fresh snow from the week prior to our arrival so the snow was perfect and the skies were blue the entire week. The resort of Telluride is AWESOME! The town is very charming with its Victorian homes, the gondola and

the Mountain Village.

The people were friendly and the ski lift lines were virtually non existent. Thanks to the LA Council, both Gina and I will have memories to cherish for a lifetime. I highly recommend a visit to Telluride!! \*\*

Kathy



Victorian

## DAVE SERET AWARD

The races at ski week were run by Far West who are really into the racing scene.

LA Council, with its laid back attitude, came in first place with the most points with the help of racers representing Auslich, Conejo, Singles, Century City, and Tri Valley.

LA clubs participated in the annual Dave Seret Memorial Race held this year at Telluride. Dave, a member of Century City and an active participant in LAC, died of a heart attack while skiing in 1998 at Steamboat. LA's annual Ski Week races was named in his honor.

Conejo Ski Club won the **Dave Seret** trophy; the trophy we traditionally give to the club with the most points during Ski Week. Congratulations Conejo! \*\*

## THANK YOU!

Please join us in thanking the following for donating to the 2006 Telluride Trip Fund. **Kathy Paisley**, **Gina Ariola**, The Unrecables & LAC appreciates and applauds your support.

Beach Cities
Century City
Conejo
Edelweiss
Far West
Grindelwald
Hughes
Kronenstadt

LA Council Long Beach Pacific Rim Rokka Race Camp Singles Tri Valley Unrecables





#### 

#### Snow Gala– November 5, 2005

Well, several months have passed since the Snow Gala, and it was actually a very successful event for us.

Although this is late in getting out, I would especially like to thank all of our donors for contributing to the raffle prizes, especially those closest to home.

**Bonnie West** actually donated the Grand Prize of a trip for

two to Telluride, CO!!! Thank you, Bonnie, for your generosity!

Also, thanks goes out to **Celeste Coleman**, **Andy Vogel**, and **Ed Knott** for their donations and a big, big, "Thank You" to **Ed Knott** and **Jacquie Nemor** for all their support and hard work, to **Jim Degner** for taking the photos, and to **Catherine Ohl** for such an outstanding program, and for putting it together at the last minute. You're all great, and a part of what makes it all "come together"!

#### Skiing-

We've had some great skiing at Mammoth, and a fabulous trip to Telluride, not to mention the recent trip to Snow Basin.

#### Long Beach Kayaking— July 29, 2006

Now it's time to turn our thoughts to summer!!! We've planned a great day for LA Council at the beach! Long Beach, to be exact.

We'll have kayaking, biking, our own private area, and a nice lunch– all for only \$30.00 per person! The kayaks and beach cruisers will be provided, and there will be some tables and chairs.

You can bring your own beach chairs if you like, and there is a playground area for the kids. (There will be a discounted price for children, TBA)

The date is July 29, Saturday, 12:00 noon until 4PM. Please mark it on your calendars, and R.S.V.P. to Mary Albritton @ (323) 582-6852, or (562) 856-0922 before July 15.

#### Snow Gala 2006-

And we're still interested in any ideas you might have for a new "format" for the Snow Gala this year– suggestions, comments, and thoughts are all welcome and can be sent to me at Dragonladyracer@aol.com.

Happy Skiing.



### Race Results January 28, 2006

Rokka League			Ullr League					
Place	Club	Starters	Points		Place	Club	Starters	Points
1	Westwood	32	138		1	Century Cit	y 31	164
2	Singles	31	132		2	Long Beach	18	105
3	San Diego	14	77		3	SEA	14	71
4	Wailers	8	49		4	Aerospace	16	67
5	Beach Cities	5	41		5	Conejo	5	17
6	SCHU	7	38		6	Winter Fox	2	8
7	Cliff Hanger	rs 3	23					
8	Inland	2	10					
9	Edelweiss	1	7					

## RACER READY

## 

Southern California Championships (SOCALS), which will also be scored as Rokka 4 and 5, will be held March 4-5, 2006 at Mammoth. It will be a 2 day race, with a best of 2 run GS on Saturday and a 1 run slalom on Sunday. There will be GS race training on Friday March 3, 2006, weather and snow permitting.

The race fees for the SOCALS are \$40 for both days, or \$20 if you're only racing one day. Please pay at the registration table.

Volunteers are always needed to help, and we have FREE LIFT TICKETS for the first few that ask!

The agenda is (be sure to check at registration for possible changes):

#### Friday, March 3, 2006

12-12:30 PM GS clinic registration
1-3 PM GS clinic
3:30 PM Early registration in Main Lodge, Roma's Cantina

Saturday, March 4, 2006: GS full day, best of 2 runs:

7:45-8:45	Registration, Roma's Cantina
10:00 AM	Upper– Junior, first-time-racer, s1-s5
11:15 AM	s6-s8
12:45 PM	Beginner (1 run)
1:00 PM	Lower-Junior, first-time-racer, s9-s10, snowboards
3:45 PM	Awards and BEER!

Sunday, March 5, 2006 Slalom (1 run, half day)

No Sunday Regristration9:30 AMJunior-upper, first-time-racer-upper, s1-s510:30 AMs6-s811:15 AMBeginner11:30 AMLower- Junior, first-time-racer, s9-s10, snowboard3:30 PMAwards

#### 2005-2006 Race Dates-

Please mark your calendars for the races. All races will be at Mammoth except the Far West Championships.

March 3	Race Training [gs]
March 5	ROKKA / SOCALS [gs]
March 6	ROKKA / SOCALS [sl]
March 17-19	Far West Championships to be held at Kirkwood Ski Area
March 24	Race Training [sl]
March 25	ROKKA [sl]
March 26	ULLR [sl]
April 11-12	Mt. Baldy Race Training
April 14-16	Master's Race at Mammoth
April 29	Ski club Appreciation at Mammoth







## HEALTH, FITNESS & SAFETY-



by Catherine Ohl, LXC Communications NP > >

### **Daron Rahlves**

**Claim to Fame:** Two-time Olympian and fourtime downhill World Cup winner.

#### **Off-Season Sport:** Motocross



If I can't ski, then I get the same rush and intensity from motocross," says Rahlves. "Cornering on my bike is like arcing a turn on my Atomics—weight up on the front tire, pressure on the outside peg, and shoulders level so you're running a smooth, clean line. If you ride correctly, you're standing up a lot and the legs get a serious beating. Coming up to a big jump, it's all about being confident and attacking. I need that same approach on the ski hill. There are risks in skiing and motocross that demand intense focus or else you'll pay."

**The Expert's Opinion:** To stay up on the bike, you need a strong core. It really works the abs and glutes as you try to stay upright. These lower muscles are so important in skiing. **\*** 

### **Shannon Bahrke**

**Claim to Fame:** 2002 Olympic Freestyle silver medalist.

#### **Off-Season Sport:** Soccer

Late in the season, mogul skier Shannon Bahrke takes her workouts to the soccer pitch. At least once a week, she gets together with friends for a pickup game. Bahrke says the dribbling, fakes, and lateral movements in soccer are great for her footwork on the hill. "In soccer, you're always looking ahead for the next pass or play, and that's exactly what you have to do in moguls— constantly anticipate what's coming up."

**The Expert's Opinion:** All of the cutting, twisting, and agility make for a great lower-extremity workout, and it's excellent for improving quick reaction times. The more you challenge your reflexes, the more accurate they're going to be when you get back to the slopes. **\*** 

### What the Pros Do

World-class skiers are focused, but they don't have one-track minds. Later in the season, they'll often take a break from their sport. And when they're not clicked into their bindings, they still improve their performance on the slopes. Adding other sports into regular training routines, whether hockey, cycling, tennis, or soccer, hones skiing skills and boosts skiing power.

Mixing it up helps the body to fine-tune its balance and its ability to adapt to changing conditions and unexpected situations. Skiers have to react quickly. It's the same with sports like ice hockey or soccer, where you have to react to the flick of a puck or a pass. These sports help you anticipate movements in response to an action, and keep you focused on always looking ahead.

Sports that incorporate plyometrics jumping, twisting, and leaping motions are crucial for increasing explosiveness and enhancing reaction time. The pathway from the brain to the body and joints needs to stay open so the brain can have quick reaction times. It has been shown that your responses can be faster when you practice. With plyometrics, either you use it or you lose it—so keep it up.

Dabbling in other sports allows you to develop different muscle groups that get ignored and rest the ones that get abused on the mountain. Skiing puts a lot of force on the body, and by going to another sport, it can take the pressure off joints and bones that get a pounding during the season. Basically, it gives the body a chance to heal nagging injuries or relieve muscle groups that get overused in skiing. \*\*



## WESTERN SKI RESORT REPORT

#### > > > > > > > > > > > > > by Catherine Ohl, LXC Communications NP

#### Holiday Retail Sales Up-

Overall sales for the winter sport market (including specialty and chain stores) rose 13 percent, to \$1.5 billion, for the August through December period of 2005, compared to \$1.3 billion a year earlier

Freestyle boards rose 30 percent and accounted for 48 percent of all board dollars, up from 41 percent last season.

Alpine ski equipment (including skis, ski systems, boots, bindings and poles) grew 6 percent, led by integrated systems, up 32 percent, and twintips, up 66 percent.

#### US Resort Lift Ticket Prices-

The U.S. has the world's most expensive six-day lift pass, priced at more than \$500.

For bargain-hunters, Iran is believed to have the cheapest six-day lift ticket in the world, with a pass for the resort of Dizin (which has a good selection of chair and gondola lifts) priced at \$32.

Norway is marginally the most expensive destination in Europe for children, Canada and Switzerland have the best value children's lift ticket pricing, typically a third to a half of the adult price.

#### Steamboat to Auction Grand Summit Condos—

American Skiing Co. (ASC) is selling the remaining units in its Steamboat Grand Resort Hotel & Condominiums on March 18 during a live and online auction. The auction will offer one-, two- and threebedroom units and penthouse residences, including more than 200 fractional shares and more than 30 whole units, representing about 35 percent of the total units in the facility. This makes it the largest skiresort auction of its kind.

#### Intrawest Revies Stragetic Options—

Intrawest has initiated a review of strategic options for enhancing shareholder value, including, but not limited to, a capital structure review, strategic partnerships or business combinations. The company has retained Goldman, Sachs & Co. to assist in the review, which is already underway. No timetable has been set for its completion.

"During the past 24 months, Intrawest has made significant progress in broadening its range of leisure businesses, most notably with the acquisition and expansion of Abercrombie & Kent, as well as extending their business reach into Europe and Asia.

#### Colorado's Early Season Hits an All-Time High—

The 25 member resorts of Colorado Ski Country USA (CSCUSA) set a new record for skier visits during the first part of the 2005-06 ski and snowboard season. Collectively, the areas hosted more than three million skier visits through December 31, 2005, up 5.6 percent from last season and nearly 11 percent ahead the state's five-year average. With as much as 20 feet of snow so far this season, Front Range destination resorts are fueling the growth. Front Range area visits grew by more than 10 percent.

#### Schwarzenegger Lends Muscle to California Resort Marketing—

Governor **Arnold Schwarzenegger**, the California Travel and Tourism Commission (CTTC) and

California's winter resorts have launched a California Snow Campaign to boost visits to the state.

The California Snow Campaign includes a 30-second spot featuring Governor Schwarzenegger skiing, along with upbeat greetings from California ski and ride luminaries such as **Glen Plake**.

The 30-second commercial kicks off with the Governor on skis against blue skies and powder-blanketed mountains. California's ski and boarder icons appear throughout the spot, which concludes with the Governor and pals encouraging visitors to "grab (their) sunscreen and party hat and head to California."

This program is all part of CTTC's \$7.3 million annual media buy and includes and cross-marketing with United Airlines, Southwest Airlines, and Warren Miller Entertainment. \*\*





## HELMET REIVEW FOR 2006



#### by Catherine Ohl, expcertped from Ski Press Magazine > > > > > > > > >

Clearly, no other piece of ski gear has gone from extreme esoteric to the top of almost every skier's must-have list as quickly or as convincingly as the ski helmet. In the process, the dawning of the Age of Head Protection has brought with it a modicum of confusion.

Helmet can be divided up into three categories: Racing / High-Performance, Freeride, and Sport Recreational.

#### Race High-Performance

Courtesy Big Sky, MT

You live for speed. You just know that everything goes better with hot wax. These

race-stock babies are built for you.

#### [01] Boeri Tactic

The world's first hybrid helmet combines the exceptional impact resistance of classic molded construction with the weight savings and graphic possibilities of the

new in-mold designs. Goodies include removable chimney plug vents, a removable ear and neck drape, and a patented, 'Head-loc' fit system. www.boeri.com

#### [02] Carrera Fireball Racing

If you've got the cojones grandes to tuck anything, then you should have the good sense to wrap yourself into this bombshell. Spartan in the extreme, the Fireball's rugged, molded shell sports a chinstrap, a PVC loop goggle strap, Open Hearing Zone earpieces and a stay-dry DRT Weave liner. www.carrerasport.com

#### [03] Giro Talon

You can psyche out the competition completely in this compact racing shell. Seamless sculpted sides. Passive air vents. Lock-down Aerodynamic Racing Covers. Plush fleece padding. www.giro.com

#### [04] K2 Black Hawk

Darth Vader, move over there's a new lid in town. And its BMW-assisted design looks like nothing you've seen before. TMI construction. Active channel venting. TPR interface. An MX portal for visors. Removable head and ear liners. www.k2skis.com

Louis Garneau [05] Stream Team Z [05] Stream Team Tribal Pricing is the only thing that's remotely modest about this high-performance duo. Aerodynamic ABS hardshells. And impact-absorbent EPS liners with dual air vents. Plus vented ear covers. teamcnd@louisgarneau.com

#### [07] Marker Cheetah

Reviewers loved the Ronfalin ABS outer shell with its Jetstream lines and slippery paint. They lapped up the Posh Meryl liner and snuggled comfortably into the Ultra-fit memory foam. www.marker.net

## [08] Salomon Crossmax[09] Salomon Mach 2 Racing

Salomon says serious terrain and serious speeds call for serious protection. Hence, its full-shell, full-face (standard w/Crossmax, optional w/Mach 2) racing helmets. Who are we to argue with that? Men praised the Autofit system and Coolmax liners. www.salomonsports.com

More next issue >>



Whatever you do when you start trying on new helmets, bring your goggles.

## LA COUNCIL ADVERTISERS - PLEASE SUPPORT THEM



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LA COUNCIL IS GOING HO Jackson Hole Tebruary 3-10, 2007

info@pureindulgence.com

## LA CLUBS TRIPPING AT MAMMOTH





* Legend of Ski Clubs				
AEA	Aerospace			
ASBCLA	Asian			
AUS	Auslich			
BCSC	Beach Cities			
CCSC	Century City			
CSSC	Conejo			
ESC	Edelweiss			
FWRA	Far West Racing Assoc.			
FWSA	Far West Ski Assoc.			
4SW	Four Seasons West			
GSC	Grindelwald			
HSC	Hughes			
KSC	Kronenstadt			
LAC	Los Angeles Council			
LBSC	Long Beach			
LPSC	Los Padres			
NBS	Nat'l Brotherhood of Skiers			
PRA	Pacific Rim Alliance			
RRR	Radar River Rats			
SAGA	Saga			
SBSSC	Santa Barbara			
SSCLA	Single			
SSSC *	Slope Surfers			
SSC	Snow Busters			
TRW	The Right Way			
TU	Unrecables			
WSC	Wailers			
WWSC	Westwood			

\*SSSC trips are for BCSC, HSC, SSSC.

	page	14 —	Mar/A	or 06
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Dates	Club*	Contact— Email / Phone
Mar 02-05, 2006	CSSC	Pati Albert– mammoth@conejoski.org / 805.526.8968
Mar 03-04, 2006	SBSC	Iris Williams– 310.638.2826
Mar 03-05, 2006	4SW	David Kendrick- 323.293.3309
Mar 03-05, 2006	CCSC	Debbi Noveshen– debbiskis@aol.com / 323.931.7139
Mar 03-05, 2006	CSSC	Pati Albert– mammoth@conejoski.org / 805.526.8968
Mar 03-05, 2006	KSC	Julie Evans– julie90010@gmail.com
Mar 03-05, 2006	LBSC	Julie Elder– skyelder@earthlink.net / 562.437.3948
Mar 03-05, 2006	LPSC	Tom Reed- 805.485.6717
Mar 03-05, 2006	SSCLA	Alen Elowe- 310.398.9914
Mar 03-05, 2006	SSSC*	Chris Kishida– president@slopesurfers.org / 213.742.1330
Mar 03-05, 2006	TRI	Bonnie West- 562.699.8880
Mar 03-05, 2006	WSC	Rob Townsend- trip@wailersskiclub.org / 661.263.6931
Mar 04-05, 2006	TRI	Bonnie West- 562.699.8880
Mar 09-12, 2006	SBSSC	Greg Loshak– 805.565.2070
Mar 10-12, 2006	AEA	Léna Gorgi– 310.540.3996
Mar 10-12, 2006	SAGA	Jim Corbett– tripreservations@sagala.org
Mar 12-17, 2006	OTHGLA	Marilyn Mansfield– chantey@lafn.org / 310.322.5150
Mar 16-19, 2006	TRI	Debbie Russell- 909.996.3245
Mar 17-19, 2006	KSC	Julie Evans– julie90010@gmail.com
Mar 17-19, 2006	TU	Michelle McCarthy– mvdpt@yahool.com / 310.417.8303
Mar 17-20, 2006	SSSC*	Chris Kishida– president@slopesurfers.org / 213.742.1330
Mar 23-26, 2006	LBSC	Julie Elder– skyelder@earthlink.net / 562.437.3948
Mar 23-26, 2006	SAGA	Jim Corbett– tripreservations@sagala.org
Mar 24-26, 2006	ASBCLA	Craig & Evie Pitcairn– therockpit@aol.com
Mar 24-26, 2006	CCSC	Debbi Noveshen– debbiskis@aol.com / 323.931.7139
Mar 24-26, 2006	CSSC	Pati Albert– mammoth@conejoski.org / 805.526.8968
Mar 24-26, 2006	ESC	Roy Megahan– jodiburt@earthlink.net / 818.780.5736
Mar 24-26, 2006	SSCLA	Alen Elowe– 310.398.9914
Mar 24-26, 2006	WSC	Rob Townsend– trip@wailersskiclub.org / 661.263.6931
Mar 25-26, 2006	FWRA	Kathy Faris- competition@lacouncil.org / 310.470.2522
Mar 30-Apr 2, 2006	SBSSC	Greg Loshak– 805.565.2070
Mar 31-Apr 02, 2006		Léna Gorgi– 310.540.3996
Mar 31-Apr 02, 2006		Chris Kishida– president@slopesurfers.org / 213.742.1330
Mar 31-Apr 02, 2006		Julie Evans– julie90010@gmail.com
Apr 02-07, 2006	OTHGLA	Marilyn Mansfield– chantey@lafn.org / 310.322.5150
Apr 07-09, 2006	SAGA	Jim Corbett– tripreservations@sagala.org
Apr 07-09, 2006	SSSC*	Chris Kishida– president@slopesurfers.org / 213.742.1330
Apr 07-09, 2006	KSC	Julie Evans– julie90010@gmail.com
Apr 07-09, 2006	LPSC	Tom Reed- 805.485.6717
Apr 07-09, 2006	WSC	Rob Townsend– trip@wailersskiclub.org / 661.263.6931
Apr 14-16, 2006	ESC	Roy Megahan– jodiburt@earthlink.net / 818.780.5736
Apr 21-23, 2006	SAGA	Jim Corbett– tripreservations@sagala.org
Apr 21-23, 2000	SSSC*	Chris Kishida– president@slopesurfers.org / 213.742.1330
Apr 21-23, 2000	CSSC	Pati Albert– mammoth@conejoski.org / 805.526.8968
Apr 21-23, 2006	TU	Michelle McCarthy– mvdpt@yahool.com / 310.417.8303
Apr 28-30, 2006	4SW	David Kendrick- 323.293.3309
Apr 28-30, 2006	AEA	Léna Gorgi– 310.540.3996
Apr 28-30, 2006	WSC	Rob Townsend– trip@wailersskiclub.org / 661.263.6931
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May 19-21, 2006	TU	Michelle McCarthy– mvdpt@yahool.com / 310.417.8303

## LA CLUBS TRIPPING THE WORLD

Dates	Destination	Club*	Contact— Email / Phone
Mar 03-08, 2006	Aleyska, Alaska	CCSC	Dave Felker– david@bipro.com / 310.215.9999
Mar 03-18, 2006	Val Thorens, France	PRA/RATS	Gene Fulkerson– gene@pacificrimalliance.org/ 858.467.9469
Mar 11-16, 2006	Zermatt, Switzerland	FWSA	Tucker Hoffmann- tkhoffmann@aol.com / 510.278.5900
Mar 11-18, 2006	Park City	CSSC	Ray Craig– skiing@conejoski.com / 805.496.6720
Mar 14-18, 2006	Prague, Czech Rep.	LAC	Bonnie West– travel@lacouncil.org / 562.699.8880
Mar 15-15, 2006	Andora/Barcelona	LPSC	Sylvia Barnes– 805.648.7040
Mar 17-19, 2006	Kirkwood, CA	FWRA	Kathy Faris- competition@lacouncil.org / 310.470.2522
Mar 17-19, 2006	Park City, UT	SBSC	Jerome Cannon– 562.900.0074
Mar 17-25, 2006	Kitzbühel, Austria	LAC	Bonnie West– travel@lacouncil.org / 562.699.8880
Mar 18, 2006	Snow Valley, CA	4SW	David Kendrick- 323.293.3309
Mar 18-25, 2006	Istanbul, Turkey	PRA/RATS	Gene Fulkerson- gene@pacificrimalliance.org/ 858.467.9469
Mar 24-26, 2006	Heavenly, CA	4SW	David Kendrick- 323.293.3309
Mar 25-31, 2006	Greek Islands	PRA/RATS	Gene Fulkerson- gene@pacificrimalliance.org/ 858.467.9469
Mar 4-11, 2006	Jackson Hole, WY	LBSC	Ron Scholz-scholzski@aol.com / 714.898.7672
Aug TBA 2006	New Zealand/Australia	PRA/RATS	Gene Fulkerson- gene@pacificrimalliance.org/ 858.467.9469
Aug TBA 2006	South America	SAGA	Jim Corbett– tripreservations@sagala.org





# A SKIER'S VIEW OF JACKSON HOLE

The Jackson Hole Ski Resort and the Teton Village base area is about 12 miles beyond Jackson.

Teton Village has really grown in the last 8 years. LA Council went to Jackson Hole about 14 years ago, and Teton Village only had about 4 buildings. Now there are a lot of condos in Teton Village.

#### Jackson Hole Tram-

The Jackson Hole ski area is famous for its tram, which serves 4,139 continuous vertical feet. The tram is 40 years old, and has never had an incident.

In order to maintain its flawless safety record, service will stop in September 2006 and it will be removed. A temporary lift will be installed until a final decision on a replacement has been reached.

#### The Terrain—

Jackson Hole is famous for its expert terrain. From the top of Rendezvous, there are steep chutes, wide bowls, and some amazing tree skiing.

Many intermediate trails have been opened. Ride the Après Vous, Sweetwater, or Casper lifts for nice cruisers which are groomed very regularly.

There are grooming reports readily available at the ticket offices and the bottom of the lifts, so Jackson Hole has made a big effort to provide ample terrain for all levels of skiers and boarders.

#### Weather-

Record snowfall and light skier traffic this year has turned Jackson Hole into the best powder secret in North America. Conditions were like heli-skiing without the heli.

Worried about the weather at Jackson Hole? It can get cold there, but you always go snowmobiling, shopping, or visit the many watering holes.

#### Snowmobiling-

When in Jackson Hole, another

activity which should not be missed is snowmobiling. The area around Grand Teton and Yellowstone National Park is the most popular snowmobile destination in the United States.

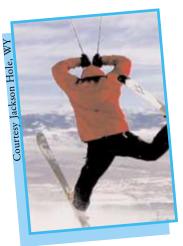
Due to recent environmental impacts brought on by the immense popularity of the area, there is a limit on the number of sleds that can enter Yellowstone on any day, and you go with be with a guide.

As a result of these restricitons, there is much less traffic on the road in Yellowstone.

There is an ongoing study to access the environmental damage the sleds produce, and the National Park Service may halt snowmobiling beyond 2008, but it will be happening in 2007.

#### LAC Trip to Jacskon Hole-

The LA Council trip will offer a wide variety of fun activities. For more information and options see the flyer on page 4. \*\*





## TRIPPING AROUND- LA SKI CLUBS & FAR WEST

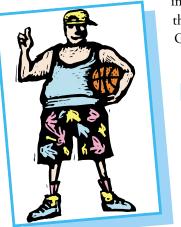
### Tri Valley Ski Club

Tri Valley will be **Camping Out** May 19-21, 2006 at Lake Cachuma, near Santa Barbara and Solvang. This trip includes Bill's Bodacious Beach Party Bar-Be-Que and a wine tasting happy hour on Saturday.

www.TriValleySkiClub.com

### **Pacific Rim Alliance**

Pacific Rim Alliance was once again fortunate to participate in the **Jimmie Heuga Vertical Express**. More than \$1500 was rasied for their "Fire 'n Ice" team to enable them to race for MS at Big Sky on February 13, 2006. The team came



in third overall— third for funds raised, third for poker run and second in the GS.

www.pacificrimalliance.org

### **Beach Cities**

Beach Cities will be **Camping Out** on the Merced River June 2-4, 2006. There will be an optional white water rafting event.

www.bcskiclub.org

### The Unrecables

The Unrecables will be **skiing** into May. Their last trip to Mammoth will be May 19-21, 2006. www.home.earthlink.net/-unrecables

### Conejo

Conejo will celebrate **St. Patrick's Day** with a Madri Gras on Saturday, March 18, 2006 from 6:30 - 10:30 PM in Newbury Park. On the menu will be corned beef and cabbage, naturally.

www.conejoski.org

### Auslich

Auslich is planning to visit the **Mission Inn** in Riverside on Sunday March 25, 2006 from 11:30 AM - 12:45 PM. The tour will be followed by lunch in the Mission Inn Restaurant.

### Thank You by Sordon Cardona

On the behalf of my family, I would like to sincerely thank everyone who sent us their condolences and words of encouragement after my beloved father passed away in January. We really appreciate your support and thank those of you who came to the memorial service.

My Dad really loved The Unrecables and enjoyed going upon the Mammoth trips and to the meetings during our earlier years with the club. Even though he stopped skiing just after I started skiing, he always supported me and my skiing. He was happy for me and very thankful for The Unrecables.

Unfortunately, my Dad started going down after he fell and fractured his kneecap last June. He had physical therapy for several weeks. He was hospitalized several times for a bleeding ulcer, heart problems, pneumonia, and swollen feet.

He spent his final Christmas at home with his family around him. Thank you for your support. We miss him very much. \*\*

## FAR WEST SKI ASSOCIATION

If you are a member of an LAC club, you are a member of Far West and you can participate in the following events. *www.fwsa.org* 

• GALAPAGOS ISLANDS & MACHU PICCHU May 22 - June 6, 2006 Tucker Hoffmann, Trip Leader

10cker Hoffmann, 1rip Leader 510.278.5900 / tkhoffmann@aol.com

• 2006 Far West Convention

June 8-11, 2006 Arleigh Meiners, Host Convention Chair 480.391.2612 / arleigh.meiners@cox.net

• STEAMBOAT, COLORADO Jan 27-Feb 3, 2007 Lynnell Calkins, FWSA Travel lynnell@aol.com / 310.370.4617

www.auslichskiclub.org

## TRIPPING AROUND-LOS ANGELES COUNCIL

### LAC Events Calendar

#### **M**ARCH 2006

3	GS Racer Training, Mammoth Mtn.
4/5	Rokka / SOCALS, Mammoth Mtn.
11-12	Mt. Baldy Race Training
11-18	FWSA Week, Zermatt [SOLD OUT]
14-18	LAC Pre-Trip, Prague, Czech Rep.
17-25	LAC Ski Week, Kitzbühel, Austria
17-19	FWRA Championships, Kirkwood
24	SL Racer Training, Mammoth Mtn.
25	Rokka, Mammoth Mtn.
26	Ullr, Mammoth Mtn.

#### APRIL 2006

11-12	Mt. Baldy Race Training
14-16	Master's Race, Mammoth Mtn.
29	Ski Club Appreciation, Mammoth

#### MAY 2006

22 - June 6 Far West Galapagos / Machu Picchu

#### JUNE 2006

8-11 2006 Far West Convention, Phoenix

#### JULY 2006

29 Bike / Kayak / Lunch in Long Beach

#### JANUARY 2007

27-Feb 3 Far West Ski Week, Steamboat, CO

#### FEBRUARY 2007

3-11 LAC Ski Week, Jackson Hole, WY

#### Support for the Unrecables

Individuals can support The Unrecables by shopping at Ralphs.



- Register your Ralphs card with Sigrid at sigski@earthlink.net.
- Get your family & friends to register!
- Use your Ralphs card for all your purchases.

The Unrecables thank you for your support.

### Los Angeles Council

LAC, a non-profit organization, is a member council of the Far West Ski Association (FWSA) and the National Ski Council Federation (NSCF) and is entitled to privileges of both organizations.

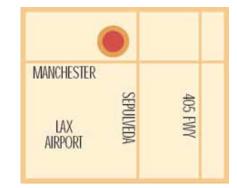
LAC is made up of approximately 30 member clubs located throughout the greater Los Angeles region. The council offers a forum for clubs to come together to share activities and lessons learned. LAC sponsors at least one major Ski Week, a four-day Ski Trip, Club Races, Race Camps, Volleyball, Softball, Gala Dance and Summer Events.

This newsletter is published bi-monthly. Articles for the next issue are due April 16, 2006. Media is accepted in electronic form (word or text). You can send photos electronically (ohl@acatmeowz.com) or snail mail (10818 Viacha Dr., San Diego, CA 92124). All photos will be returned.

### **Meetings**

General Meeting— First Monday of the Month, 7 PM

> *Grinder Restaurant* 8521 S. Sepulveda Blvd., Westchester [entrance off of Manchester] 310.641.8210



Board Meeting— Fourth Monday of the Month, 7 PM Marie Calendar's 701 N. Pacific Av., Glendale 818.242.6836









LA COUNCIL CLUBS P.O. BOX 83338, LA 90083 www.lacouncil.org

AEROSPACE www.aeaclubs.org/ski/index.htm

ASIAN www.asbcla.org

Auslich www.auslichskiclub.org

BEACH CITIES www.bcskiclub.org

CCSC SPORTS www.ccscsports.org

CONEJO www.conejoski.org

EDELWEISS www.edelweissskiclub.org/

FOUR SEASONS WEST WWW.4SW.COM

GRINDELWALD SKI CLUB www.grindelwaldskiclub.org

HUGHES SKI CLUB

KRONENSTADT http://geocities.com/kronenstadtski/

LONG BEACH www.longbeachskiclub.org

LOS PADRES www.lospadresskiclub.net

OVER THE HILL GANG - LA www.lapeaktimesinnature.org

OVER THE HILL GANG - VENTURA

PACIFIC RIM www.pacificrimalliance.org

RADAR RIVER RATS www.radarriverrats.org

⊖ АGA www.sagala.org

SANTA BARBARA www.sbski.org

SINGLES www.singleskiclub.org

SLOPE SURFERS www.slopesurfers.org

SNOW BUSTERS www.snowbusters.com

THE UNRECABLES http://home.earthlink.net/~unrecables

TRI VALLEY www.trivalleyskiclub.com

WAILERS www.wailersskiclub.org

WESTWOOD www.westwoodskiclub.org

#### LA Council is going to



SKI WITH PRIDE • WATCH ALL SIDES • LET IT RIDE First with Safety Awareness