



SNOW *Scene*

Official Publication of LA Council

www.lacouncil.org

July / August 2004

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FWSA 2004 Convention Wrap-

See page 4 for details!



President's Meeting- July 26, 2004

7 PM at Mrs. Garcia's

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Check out the deals at—

www.skifederation.org

Username: **skigroup**

password: **24councils**

Message from the President

Summertime Fun

by Jacquie Nemor, LAC President

It's summertime and we won't be singing the summertime blues because all the LAC clubs are planning great summertime activities to keep in shape for next year's ski season when LAC will be going to Steamboat Springs, Colorado; Sunshine Village, Canada; and Salt Lake City, Utah.

Be sure to mark these dates on your calendar.

Golf Fundraiser—

September 19, 2004 is the LAC/Tri Valley Whack-off fundraiser for the Unrecables. This is the best way not only to improve your golf game, but a great way to beat Tiger Woods or anyone who thinks he or she is Tiger! Come and play whether you're a hacker or a pro.



Shop 'til You Drop—

October 31, 2004 will be our 2nd annual **Shop 'Til You Drop** at H&H Jobbing in Redondo Beach. It's Halloween so come dressed in costume if you like and meet the local ski resort representatives, ride the

Virtual Snow ramp, shop for the best discounted skiwear in town, find out about upcoming ski trips. There will be food and music and, of course, Halloween candy!

Snow Gala—

November 6, 2004 is the annual Snow Gala. This formal dinner dance, to honor your club's Man and Woman of the Year, will be held at the Marina del Rey Hotel, 13534 Bali Way, Marina del Rey. The reception begins at 6 PM with dinner at 7 PM. Price is \$50 until November 1, 2004, then it's \$70.

Far West Charities—

Sigrid is looking for a liaison to pass along the LAC clubs' charity and community service information to Far West. Contact Sigrid Noack, Far West Charity and Community Service Chair, for more information at 310-823-1373 or sigridn@earthlink.net.

2005 FWSA Convention—

Los Angeles Council of Ski Clubs, along with Orange Council, are looking forward to hosting Far West Ski Association's 75th anniversary at the FWSA 2005 Convention at the Westin in Long Beach, California, June 9-12, 2005. We are preparing for the biggest celebration ever and looking forward to all the clubs and councils participating in the history portion of this spectacular event.

If you're planning to stay at the hotel, you need to make your reservation soon as a quarter of our room block has already been reserved. You can make your room reservations now by calling 800-228-3000 and say you're with Far West Ski Association or visit the 2005 Convention Web site at www.FWSA2005Celebration.org.

Be sure to check the convention web site for the latest news. We have a smoking line up of special guests including **Billy Kidd, Jimmie Heuga, Dave & Roma McCoy, Nancy Greene and Deb Armstrong**. Besides the club, council and FWSA history, there will be exhibits from Mammoth Ski Museum, US Hall of Fame Museum, Western Ski Sport Museum, the new California Ski History Library, and many ski resorts. This is be a once in a life-time opportunity.

Remember to put on the sunblock and have a great summer! ●

Jacquie

In Loving Memory—

It is with great sadness that we report on the passing of **Judi Sansoterra**, long time Long Beach Ski Club member. Judi had been in the hospital for a month after suffering a massive heart attack. Due to her life long battle with diabetes many of her other organs began to shut down. Judi passed away Monday, June 21, 2004, peacefully, in her sleep. ●

Membership Matters

Dues are NOW Due



Iris Williams, LAC Membership VP

Great Start to Summer, eh?

Membership renewal deadline is getting close. Dues with officer information is due August 1, 2004. Most clubs have sent in their club information to LAC, but not their membership fees of \$30.00.

We need club information for both the LAC directory and the Far West Skier's Guide. These references are kept by potential new members throughout the year so you want to make sure the information we and Far West has is correct.

Hurry time is running out. Club reps, if you are not sure if your club president has sent in the info or money, please see me at the next general meeting. We really really want our Directory to shine at Snow Gala, Ski Dazzle and FWSA 75th Convention next year!

And speaking about Conventions—

Sierra Nights was great, but the *Long Beach Wave* will be better. If you have not heard yet, LA Council, will be hosting the 75th anniversary of FWSA in Long Beach at the Westin Hotel. This

special celebration promises to the “*Historical Ski Event of the Century*” which will have FWSA beaming for many years to come.

We know each club in LA Council has members, past and present, who throughout FWSA history have contributed and created the wonderful organization that it has become. We are asking these old and new members to increase that brilliance once again by getting involved in next year Convention at every level.

One the largest attendance records for a FWSA convention was here in Los Angeles largely due to our excellent membership. I am in charge of the Entertainment and Decorations Committee and can use some help. Contact me if you are interested.

As always the council is looking into increasing its membership benefits... discounts events, parking, lift tickets... but our biggest benefits are people... Snap! Krackel! Pop! ●

Iris



FWSA Club Contests—

The Far West Ski Association (FWSA) Awards Program was initiated in 1966 and has witnessed a series of expansions over the years. The most recent expansion includes recognition of Club and Council short-term achievement.

These awards are a great way to recognize your club's most important unsung heroes, your communication folks. Your club also receives exposure and recognition. *Note on page 8 that LAC clubs won half of the awards for the classes that were submitted (we didn't have any AAAA).*

Clubs submit their newsletters and web sites for review throughout the year. Clubs can also submit a yearbook showing their activities during the year for judging to be done at the convention.

I recommend that club editors and webmasters volunteer to judge newsletters or web sites in the other classes. I've done this a number of years and have gleaned some great ideas.

Clubs are divided into four award classes so you compete against clubs that are approximately the same size as your club.

For more information go to the FWSA web site (www.fwsa.org) or contact **Elaine Cobos** at vp.communications@cox.net. Applications should be mailed to Elaine at 3328 E. Turney Av., Phoenix, AZ 85018 by September 1, 2004. ●



Sigrid Noack (Unrecables), Bonnie West (Tri-Valley), Norbert Knapp (Grindelwald), Judith Miller (Single)



All Photos Courtesy Steamboat / Larry Pierce

Package to Include—

- Round Trip Air to Hayden or Denver
- Round Trip Ground Transfer from Airport
- Seven Nights Lodging [dbl. occ.]
- Five of Six Day Lift Ticket
- Welcome Reception
- Mountain Picnic
- 2 NASTAR Races (4 runs total)
- Farewell Banquet & Dance
- Ski Week Souvenir Pin
- All Taxes & Service Charges
- Optional On-line Registration

Options—

- Add the FWSA trip to Aspen, Jan 29 - Feb5

For Information—

- Contact your club trip leader or
- Bonnie West, LAC VP Travel
562.699.8880 or travel@lacouncil.org

CST 2038064-40

Steamboat Stats

Base	6,900 feet
Summit	10,568 feet
Vertical	3,668 feet
Acres	2,939 acres
142 Trails	65+ miles
Longest Run	3+ miles
Terrain	13% Beginner 56% Intermediate 31% Advanced
Annual Snowfall	337"



Western Hospitality



Travel Tidbits

Trips Plans for 2005



by Bonnie West, LAC Travel

Club Trips on the Web—

It is early, but many of the clubs have their 2004-2005 trips planned already, or are in the process of doing so. One of your club benefits is to list your club trips on the LA Council

website. That way your trips are seen by more than just your club!

Since I am also the webmaster, once you have your club trips outlined with date, location, and trip leader, if you know them, please email them to me. Excel works best.

LAC Ski Week to Steamboat— February 5-12, 2005

Wow! Steamboat has proven to be very popular. Right now we have approximately 10 clubs

with 330 people. There is still plenty of lodging available and we have nearly 100 seats blocked into Denver with a bus to Steamboat. If your club wants to jump on this trip, please let me know.

And if your club isn't going, but you want to, call me. There are about 25 people who are going to both Aspen and then to Steamboat, and we have arrangements if you wish to do that.

See page 4 for details.

Salt Lake City, Utah— February 24-28, 2005

The four-day, four-mountain ski trip to Utah proved very popular last year. We are planning this same trip again. **Britt Johnson** at 310.379.8972 will be the trip leader. We'll leave on Thursday evening and return home Monday with a

full four days of skiing at 4 different mountains within a 30 minute drive of the Salt Lake area. As the trip is finalized, it will be put on the LAC website and announced at the meetings.

See page 7 for details.

Sunshine Village— April 17-23, 2005

A late season ski week to Sunshine Village is being planned by **Sigrid Noack** 310.823.1373 or sigridn@earthlink.net.

Stay tuned for details.

WHEW!!

And I thought summer would be a slow time for skiing! Keep in shape – or get in shape this summer. You can reach me at travel@lacouncil.org or 562.699.8880. ●

Bonnie



Courtesy Steamboat / Larry Pierce



During the remainder of the summer, admission to the Mammoth Ski Museum will be **FREE** the third Friday of every month (July 16th, August 19th,

September 17th). Normal hours are from noon to 5 PM, Tuesday thru Sunday. They are closed Mondays.

Visit the exhibit "From Independence to Chair One— **Dave McCoy's** Illustrated Journey of Early Sierra Skiing" presented by **Robin Morning**. Take the time to view *Cinema Vertical*, an indepth look at the history of ski film making. Film is approximately an hour and a half in

length. Visitors may also explore Mammoth Ski Museum's Beekley Collection in the Main Gallery. This one of a kind collection of skiing art and literature spans the globe and represents over 450 years of skisport heritage.

The Mammoth Ski Museum is located at 100 College Parkway in Mammoth Lakes on the Cerro Coso College Campus. Just follow the signs off Meridian Blvd. For more information call 760-934-6592. ●





FWSA 2005 SKI WEEK

ASPEN SNOWMASS

January 29-February 5, 2005



Experience the Power of Four

Aspen • Snowmass • Highlands • Buttermilk

Package Includes—

- 7 Nights Lodging in Snowmass (Double Occupancy)
 - \$750* per person at Woodbridge 2B/2B condos
 - \$964* per person at Stonebridge Inn (hotel)
 - * plus air & ground transportation*
- Round-Trip Air from LAX
- Transfers to and from Airport
- 5-of-7-Day Lift Ticket at Four Fantastic Mountains
- Welcome Party Sunday Evening
- 3 Races
- 1 Mountain Picnic
- 2 Après-Ski Parties
- Farewell Banquet & Dance
- Registration and Activities Fees
- All Taxes



Extras—

Commemorative vest is available for an additional \$25

Payment Schedule & Cancellation Fees—

Initial deposit due NOW	\$150	\$25 Cancellation after July 10**
September 5, 2004	\$300	\$100 Cancellation after Sept 10**
October 13, 2004	\$300	
November 17, 2004	Balance	

***plus any applicable fees imposed by the airlines*

Reservations & Information—

- Send check, made payable to **LA Council**, to—
Judith Miller, 1701 Scott Road, #208, Burbank, CA 91504
- Please indicate your choice of roommate if applicable
- Contact Judith Miller at
818.841.4192 or jmiller@murchison-cumming.com





SKI UTAH!

February 24-28, 2005



CST 2070260-40

• Package Includes—

- Round-trip air from LAX to Salt Lake City
 - Leave after work on Thursday, return on Monday after skiing
- Four nights lodging at the Ramada Inn (double occupancy)
- Four days of lifts included (Snowbird Tram included)
- Transportation to the slopes included each day
- Non-skiers deduct \$160
- Pizza Party with pizza & soda provided

• Stay at Ramada Inn Salt Lake

- Deluxe continental breakfast each morning
- Hot tub & pool
- Price based on double occupancy

\$545

• Information & Reservations

- Britt Johnson at 310-379-8972 or fax 310-379-5964
- Send check, payable to **LA Council** to Britt at
321 - 28th St., Hermosa Beach, CA 90254

• Mountain Statistics

	Alta	Snowbird	Brighton	Solitude
Acres	2,200	2,500	850	1,200
Lifts	12	10 + Tram	8	8
Base (feet)	8,530	8,000	8,755	7,988
Top (feet)	10,500	11,000	10,500	10,035
Vertical (feet)	2,020	3,000	1,995	2,047
Terrain (B/I/A)	25/40/35	27/38/35	21/40/39	20/50/30
Snowboarding	no	yes	yes	yes
Nordic Center	yes	no	no	yes
Snowfall (inches)	500	500	500	500+

2004 FWSA Convention Awards

June 10-13, 2004, Nugget, Sparks, NV

Hans Georg Award
"Schatzi" Wood Award
J. Stanley Mullin Award
Jimmie Heuga Award
Jordan-Reily Award
President's Award
Tommi Tyndall Award
Bill Mackey Award
Bill Berry Feature Articles Award
Bill Berry Hard News Award
Bill Berry Modern Media Award
Terry Smith Award
FWSA Safety Award
FWSA History Award
Councils' Man of the Year
Councils' Woman of the Year

Tollakson Outstanding Club –

AAAA 1st – Après
 2nd – Bergfreunde
 3rd – North Island

Wentworth Club Publications –

A 1st – Capital	AA 1st – Don Diego
2nd – Unrecables	2nd – Auslich
3rd – Tri Valley	3rd – Plaza/Edgeset
AAA 1st – Singles	AAAA 1st – Après
2nd – Pacific Rim	2nd – Bergfreunde
3rd – Torrey Pines	3rd – North Island

Website Awards –

A 1st – Tri Valley	AA 1st – Asian
2nd – Capital	2nd – Wailers
3rd – Snow Drifters	3rd – Auslich
AAA 1st – Torrey Pines	AAAA 1st – Après
2nd – Phoenix	2nd – Bergfreunde
3rd – Reno	3rd – North Island

Council Awards –

Newsletter 1st – Los Angeles	Website 1st – San Diego
2nd – Arizona	2nd – Northwest
3rd – Bay Area	3rd – Bay Area

Far West Race Championships –

A – Schusski	AA – Rokka	AAA – Open
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Joe Ross Memorial at FWSA Ski Week –

Modesto Ski Club ●

Steve Coxen
 Marilyn Sigler
 Michael German
 Ben Velasquez
 Ethan Chickering
 Billy Kidd & Michael German
 Ogden/Weber CVB
 Karen Schneider, Steamboat
 Leigh Gieringer
 Brian Clark
 Tammie Thompson
 Dan Jeffrey
 Bob Ellis
 Martin Forstenzer
 Emilio Trampuz, Northwest
 Marge Fons, Arizona



Martin Forstenzer, George Kish, Mary with Roma & Dave McCoy



Council's Men & Women of the Year



Mike Sanford & Bonnie West (Tri-Valley)



Special Award to Dave & Roma McCoy

2004 FWSA Convention Wrap

June 10-13, 2004, Nugget, Sparks, NV

by Catherine Ohl, Pacific Rim Alliance



Lisa Felker & Lloyd Huff

LA Council had about 40 delegates at the recent Far West Convention held at the Nugget in Sparks, NV on June 10-13, 2004. It was a good convention giving us an opportunity to see old friends and meet new people. **Lee Jacobs**, Singles, and **Lisa Felker**, Century City represented Council as our Man & Woman of the year.

Eleven clubs from LAC—**Beach Cities**, **Century City**, **Conejo**, **Edelweiss**, **Grindelwald**, **Singles**, **Snowbusters**, **South Bay**, **Unrecables**, **TriValley**, and **Pacific Rim**— participated in the fun events of the convention which included a dinner cruise on Lake Tahoe, Golf, Pool Party, Silent Auction, Travel Expo, **Dave & Roma McCoy**, Awards Banquet, Dance and elections.

Special Guests—

We were honored to have some very special guests— **Billy Kidd**, 1964 Olympic Slalom Silver Medalist, **Debbie Armstrong**, 1984 Olympic GS Gold Medalist, and **Dave & Roma McCoy**, founders and owners of Mammoth Mountain. Dave was the keynote speaker and he treated us to a slide presentation of his early years in the Eastern Sierras.

Silent Auction—

The Silent Auction is always a highlight. This year, probably due to the proximity of the

slots and crap tables, the \$105,000 in trips went for 43¢ on the dollar. There were some fantastic packages that were purchased at unbelievably low prices.

Travel Expo—

Catherine Ohl, Pacific Rim, was responsible for devising and implementing the second annual Travel Expo, a valuable tool for industry and clubs. Industry gets a chance to talk to clubs one-on-one in ten-minute meetings. The clubs are exposed to some exciting & new opportunities to take back to their membership.

Dinner/Dance—

The food was probably the best convention meal I ever had, the band was fabulous and just about everyone danced until the wee hours.

Elections—

The Far West elections were held first thing on Sunday morning. Again the only real competition seemed to be for Trustee. The following people were elected/re-elected **Mike Sanford** President; **Candee March**, Secretary; **Nancy Kelly**, Treasurer; **Elaine Cobos**, VP Communications; **Sylvia Kearns**, VP Membership, **Tucker Hoffmann**, VP International Travel; **Ken Calkins** & **Robb Margrave**, Trustees. ●



Terri Romine, Larry Davis, Steve Romine
Century City Ski Club



Barbara Blase, Karen Schneider (Steamboat),
Tammie Anstedt (Heavenly / Vail)—
The Dancing Queens



Lake Louise's Christine Grumble
at Travel Expo



2005 FWSA Convention

June 9 - 12, 2005 in Long Beach

www.fwsa2005celebration.org

Convention Update—

The Los Angeles Council of Ski Clubs, with support from Orange Council, is already hard at work planning the 2005 FWSA Convention and 75th Anniversary Celebration to be held at the Westin Long Beach on June 9-12, 2005.

Special Program—

This convention will be a bit different in that it will feature a significant ski historical event running concurrently with the normal convention business. Convention changes include:

- Addition of a Skisport History Exhibit that would be on display in the main ball room

& foyer from Friday night through Saturday evening.

- Saturday afternoon dedicated to ski history with multi-media presentations, discussion groups, and a reunion reception.
- All normal Saturday FWSA business activities will be finished by lunch.

We will have the usual Thursday night Pub Crawl; Friday Golf, beach/ocean activities & Silent Auction; Saturday Travel Expo, Awards Banquets & Dance.

This convention will draw not only the usual Far West club members but also a young, athletic and affluent population from the newly renovated

downtown Long Beach area. ***This will be a great opportunity for clubs to showcase themselves.***

It's not too early to reserve your hotel accommodations. Our room block is already 25% booked. This event will sell out.

Information—

- **Catherine Ohl**, Chair
- ohl@acatmeowz.com or 858-467-9469
- **John James**, History Exhibits
- jsjxski@sbcglobal.net or 818-249-5982

Convention Meetings—

Join us on third Monday of the month at Mrs. Garcia's at 7 PM. We can use your help. ●

LA Council of Ski Clubs presents
FWSA 75th Anniversary
June 9-12, 2005
The Westin Long Beach
333 East Ocean Blvd., Long Beach
562.436.3000

It's not too early to make your reservation for the 2005 FWSA Convention [and 75th Anniversary] to be held at the Westin Long Beach on June 9-12, 2005.

Reservations at the Westin—

- \$129 before May 15, 2005
- Call 800-228-3000, say you're with Far West Ski Association
- Visit www.fwsa2005celebration.org
- Room rate available 3 days before/after event

Everyone's Invited to our Committee Meetings—

Monday, July 19, 2004, 7 PM, Mrs. Garcia's
Monday, August 16, 2004, 7 PM, Mrs. Garcia's

Reserve
Your Room
Today

Club History Exhibits—

Ski clubs are being invited to display their history along with national ski museums and ski resorts. History exhibits are free. There may be a charge for electricity if needed.

We want to make this a very professional showcase for our organization so there will be strict requirements. Photos will be displayed on a 4'x3' white tri-fold foam board (Xacto brand at Staples or Office Depot is \$11). Use photos to define your history. You can highlight milestones or use a timeline.

We suggest you use copies of original photos—8"x10" is recommended. Use a few words in a large sans serif type to annotate photos and tell your history. Multi-media displays will be allowed. Banners, trophies, scrapbooks and photo albums will not be allowed.

Details & sign up information will be available to clubs by August 1, 2004. You will have until September 15, 2004 to sign up. ●

2004 LAC SNOW GALA

SATURDAY, NOVEMBER 6, 2004, 6 PM



2003 MEN & WOMAN OF YEAR

Marina del Rey Hotel

13524 Bali Way, Marina del Rey
310.301.1000

Evening Events—

- 6 PM — No Host Bar
- 7 PM — Elegant Sit Down Dinner
 - Choice of Salmon, Prime Rib or Vegetarian
- 8 PM — **Men & Women of Year Awards**
- 9 PM — Dancing until the wee hours (midnight)
 - The fabulous **Patti Stone and River Rock Band**
 - Raffle Prizes, Great Door Prizes
 - FREE Parking

Dinner Tickets & Reservations—

- Contact your club's LAC Representative or
 - **Celeste Coleman** at 626.797.0892 or queencele2001@yahoo.com
 - **Ed Knott** at 310.313.1902 or whyknott@earthlink.net
- 11930 Avon Way, #105, Los Angeles, 90066

Grand Raffle— Tickets only \$1 each

- Grand Prize: Trip for 2 to LAC Week in Steamboat, Feb. 5-12, 2005
 - Includes Air, Lodging, Lift Tickets, Parties, Races, Registration
- Lots of Great Raffle Prizes (lift tickets, lodging & much more)
- Winners need not be present

Gala Hotel Room Rate at Marina Del Rey Hotel is \$111—

- Call 310.301.1000 or 800.882.4000 to make your reservation
 - Rate good until Oct. 22, 2004 or when room block is gone

* \$70 after November 1, 2004

Dress is Cocktail /Formal

SHOP 'TIL YOU DROP

Sunday, October 31, 2004
Noon - 5 PM

H & H JOBBING

2772 W. Artesia Blvd.,
Redondo Beach, 310.793.9150

Afternoon Events—

- Deep Discounted Ski & Snowboard New Fashions & Accessories
- Experience Virtual Snow with **Bob Salerno**, 2-Time World Champion
- Food, Drink, Music, Dancing
- Ski Club, Trip Information, Mtn. Reps
- Prizes

For Information—

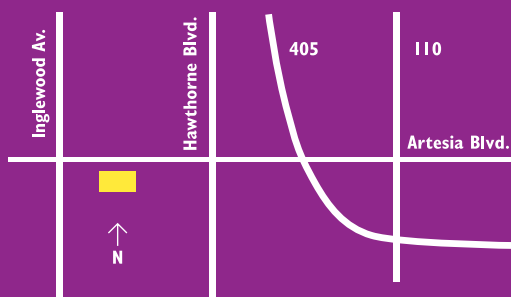
- **Jacquie Nemor**
310.399.0945 or 4jacquie@gte.net
- **Nancy Sanford**
714.402.0202 or nanskii@aol.com

About H&H Jobbing—

H & H Jobbing is a Discount Outlet Store serving the Greater Los Angeles Area. They have been selling wholesale to the public since 1940. They specialize in middle to high-end ski and snowboard apparel and accessories for the whole family.

You will not find a larger or more extensive inventory anywhere in the world!

In addition to clothing, they carry a huge selection of Snowboards, Boots, Bindings. Hard to find small sizes are their specialty.



Fitness & Health

Unrecable Thanks LAC for Support

Fitness- Pre-Skate Stretches

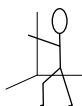
by Catherine Ohl

Skating is one of the best ways to stay in shape for skiing. Here are a few pre-skate stretches for you so you don't hurt anything.



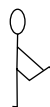
Calf Stretch—

Stand about two feet from the wall. Place your hands on the wall and move one foot back another 12 inches. With the pelvis tucked and the knee slightly bent, bend forward until you feel a stretch in the calf. Hold and repeat on the other leg.



Quad Stretch—

Holding onto your chair, pole or table for balance, grasp your shin and pull your foot back toward your butt until you feel the stretch in the quadriceps. Hold and then repeat with the other leg.

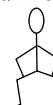


Lower Back Stretch—

Using your hands for balance, press your pelvis into



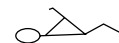
the floor, keep the toes pointed and lift your upper torso towards the sky. Don't arch your back unnaturally. Instead, lift up until you feel the stretch in the lower back. To protect your neck, keep the eyes facing forward.



Inner Thigh Strengthen—

Stand with feet slightly wider than shoulder width apart and knees slightly bent. Using hands on the thighs for support, squeeze you butt and thighs and sink down to a right angle. To strengthen the quads, keep the knees perpendicular to the wall and hold for up to 90 seconds.

Hamstring Stretch—



Lie on the back. Bend one leg so that your foot is against the knee of the other, extended leg. Raise the extended leg, making sure to keep the feet relaxed. Put your hands on your calf as high up on the extended leg as you can and pull it toward you. To intensify the stretch, flex your foot. Repeat with the other leg. ●

Unrecables Thank LAC—

The Unrecables would like to thank LA Council and LAC Ski Clubs for their continued support. We organized some great fund-raisers this past year, and with YOUR help, we were quite successful.



Ski & Board-a-Thon—

The Ski & Board-a-Thon raised money for the club's general fund as well as for the nine enthused skiers, who went on the LAC Whistler trip and had a super fun time. A great big thank you also to so many of you who skied with us.

Ralph's Community—

The Ralph's Community fund-raiser has so far netted the Unrecables \$631.26. And that's only for the first 5 months, with the strike still going on! This is a fantastic opportunity for everyone to help out. It costs you nothing.

by Sigrid Noack

If you have not yet given your Ralph's card number to Sigrid Noack, please email sigski@earthlink.net with the needed information: The Ralph's Club number, your name, address, and phone number. The Unrecables then receive 4% of everything you buy. What a no-brainer fund-raiser. Thank you everybody and a great big Thank you Ralphs.

Entertainment Books—

Our other fund-raiser this past year was the sale of Entertainment Books. Please remember us later this summer, when it's time to get next year's book. We can even get out-of-area or out-of-state books. And the cost is supposedly going to be even less this next year! These books really are a bargain, but you have to read them! If you're planning to go to Hawaii, you could save lots of money by getting the Hawaii book. One or two dinners, and you have your money back!

Thank you, thank you, thank you, thank you!

Nuts & Bolts

A Word (or two) from the Editor

by Catherine Ohl, LAC VP Communications



Auslich Honored—

Auslich Ski Club was recognized for their contribution to *Rebuilding Together Long Beach*, in April 2004. Nine Auslichers volunteered— **Melanie Dietz, Susie Yarian, Barbara Kedwards, Dave and Trish Ronda, Mike Murdock, Donna and Chili Holtz**, and **Gretchen Bornhop**.

Rebuilding Together Long Beach, formerly called Christmas in April, sends out over 500 volunteers each year to repair and rehabilitate low-income people's homes.



Dick at 1936 Olympics in Garmisch

Dick Durrance Dies at 89—

Dick Durrance, an American ski racing pioneer and the first general manager of the Aspen Skiing Co., died June 13, 2004 in Carbondale of natural causes. He was 89 years old.

When Dick was 13, his mother moved the family to Garmisch, Germany, where he learned progressive European racing techniques. In 1932, he won the German Junior Alpine Championship. The following year he moved back to the states and entered Dartmouth College in 1934.

Durrance dominated the collegiate and national circuits and placed 8th in the slalom and 11th in the downhill in the 1936 Winter Olympics in Garmisch.

WestJet Service—

Effective December 19, 2004, WestJet will offer six non-stop flights per week in each direction between Vancouver and Los Angeles with low introductory one-way fares of \$69. Introductory fares are available for purchase until July 12, 2004 for travel between December 19, 2004 and February 28, 2005. Go to www.westjet.com for reservations. ●



Red Mountain Visits LAC—

Guest speaker for the June meeting was **Lucie Fortier** from Red Mountain. Red Mountain, just 2.5 hours from Spokane, is actually two mountains— Red and Granite Mountains.

Red Mountain is a conical mountain that is as steep as it looks. The Back Trail offers groomed cruising for intermediates, but the rest of the mountain is designated diamond or double black diamond.

Paradise Basin, on the sunny side of Granite Mountain, is another ski area onto itself. And with beginner runs, groomed cruisers, bumps and tree skiing, you'll find the terrain right for you. The rest of the mountain is a powder-hound's dream, with a mixture of powder and trees.

There are big changes on the horizon for Red. A private investment group led by **Howard Katkov** of San Diego has purchased the resort. Expanding the resort's beginner and intermediate terrain and reinvigorating the alpine base area are high priorities. Eventual plans call for adding 2,000 skiable terrain to the 1,200 acres.

Surrounded by the wilderness of the BC interior, RED Mountain provides a BIG Mountain experience with a small town feel. ●



Courtesy Red Mtn/P. McGrath

What's News at Western Ski Resorts

submitted by Catherine Ohl, VP Communications. excerpted from www.saminfor.com

Mountain High Buys Ski Sunrise—



Mountain High Resort is purchasing neighboring Ski Sunrise from **Howard More** for about \$375,000.

The sale of

the 97-acre ski resort, located about one mile from Mountain High's existing East and West areas, is set for mid-July.

With 850 vertical feet of terrain, the area currently includes 24 trails, one chair lift, two pomas, a paved parking lot for 480 cars, a restaurant facility, lodge, rental and retail shops.

In the short term, Sunrise will be used as a teaching and snow play (tubing and sledding) area. Mountain High's existing teaching terrain is often maxed out on weekends and there are no snow-play areas anywhere nearby.

In the long run, Sunrise could become a more complete third area for Mountain High, offering skiing and riding on a larger scale. Any expansion will require major snowmaking installations as well as lift upgrades.

Sun Valley Flights—

Non-stop flights bring the magic of Sun Valley close to home. Beginning June 27, 2004 Horizon Air offers daily, non-stop flights to Sun Valley from Los Angeles.

Now Southern Californians can reach Sun Valley in just two hours and ten minutes aboard a roomy 70-seat Q400 known for its luxurious leg room and ample storage space.

Get your tickets for the new flights by calling 1-800-547-9308 or on the web at www.horizonair.com.

Copper Mountain Hosts USASA Championships—

Copper Mountain Resort has been awarded the bid to host the 2005 USA Snowboard Association (USASA) National Championship, April 2-9, 2005.

More than 1,200 snowboarders between the ages of 4 and 74 from across the country will convene at Copper to participate in a week of competitions and daily festivities. Event includes giant slalom, slalom, halfpipe, slopestyle and snowboard cross.

Tamarack Sells Out—

Tamarack resort had its second straight sell-out when it unloaded 64 real estate products, raising approximately \$33.4 million for scheduled development. Home buyers from Idaho (58%), California (28%), Oregon (4.6%) and Georgia (3.1%) bought 10 cottages, 18 resort-built chalets and 36 estate

home sites.

Right now, construction contractors are working on \$52 million worth of projects including two Leitner-Poma detachable quads, a 60,000-square-foot member's lodge, 60 real estate sites and a 30,000-square-foot skier services building.

Vail Redevelopment—

Vail Resorts has officially kicked off \$500 million in redevelopment projects in Vail Village and LionsHead with the groundbreaking of a new street-level park and an underground parking structure, located within walking distance of both the Vista Bahn Chairlift and Golden Peak base area.

Mammoth—

Mammoth Mountain Ski Area had the most successful season since 1985/86 during 2003/04, ending with a 4% growth over last season for skier visits.



With nearly 1.4 million skiers visiting the slopes this winter, Mammoth was California's most visited resort, and the third most visited resort in the country behind Vail and Breckenridge, CO.

Mammoth stayed open from November 6, 2003 to June 6, 2004, granting snow riders 214 days of winter operations. ●

Kid's Korner – Summer Safety

Stuff for the Kids & GrandKids

excerpted from www.about.com

Summer is here...Water, Sun and Fun !

While childhood memories are often filled with carefree days of summer, emergency room doctors know it as “trauma season.” Tragedies peak during the summer months because children are supervised less, have more free time and engage in more outdoor activities.

Water Safety Tips for Kids—

- If you do not know how to swim, always wear a life jacket.

If you fall, get pushed in or accidentally get near deep water, a life jacket can keep you floating on the surface until you can get help. Even strong swimmers should wear a vest in deep or rough water.

- Swim with a buddy.

You've probably heard this many times, but it's worth saying again. If you get into trouble, your friend can get help fast.

- Always go feet first into unfamiliar water.

There could be rocks or tree stumps in rivers and lakes. Even pools can be more shallow than they look. So always check out the depth of water before you dive in.

- If you see someone in trouble, signal the lifeguard or responsible adult.

Don't try to rescue the person yourself— you could get pulled under the water. Wave your hands over your head to signal the lifeguard or another adult.

- Don't EVER pretend you are drowning.

It wastes lifeguard's time and may take their attention away from someone who really needs help.

- It's a good idea to stay near people who know you and will notice if you are in trouble.

If you are with a group of people, have a check-in time and place to meet. Be sure you show up on time so you won't give the adults gray hairs.

- Don't let your friends tease you into something you don't want to do.

Even if all your friends are jumping in, don't do it if you are afraid or feel like you can't handle it. Knowing your limitations is nothing to be embarrassed about.

- Make sure you always follow the adult in charge's instructions!

- Wear sunscreen! ●

Online Safety Tips for Kids—

Kids, here's are some Safety Tips for you when you go online.

- Don't ever give out information about yourself like your last name, your phone number, where you live, or where you go to school.
- Never e-mail a picture of yourself to strangers.
- If somebody emails something to you that makes you uncomfortable, don't look around or explore. Tell your parents.
- Making plans to meet your internet buddies in real life is a really bad idea. People in real life can be very different from how they are online.
- Don't open up e-mails, files, or web pages that you get from people you don't know or trust.
- Don't ever give out your password, except to responsible adults in your family.
- Always follow your family's rules for the using the internet.
- Don't ever do anything that costs money. ●



Orland "Bart" Bartholomew

Amazing High Odyssey Adventure

taken from www.fresnobee.com/man/trek

A campaign has been initiated by **Phil Bartholomew** to name an unnamed 11,099' peak in the Minarets for his father, **Orland "Bart" Bartholomew**, a Sierra high adventurer who made an incredible 3-month, 300-mile solo mid-winter trek skiing the Sierra crest from south of Mt. Whitney to Yosemite National Park— just for the challenge and the photographs.

Bart made the first ever winter ascent of Mt. Whitney (14,495') and first winter ascents of Mt. Langley and Mt. Tyndall (both over 14,000'). This journey took from Christmas day 1928 to April 3, 1929. Bart completed his journey in spite of deep snow, cool temperatures, wind and avalanche dangers.

The extraordinary feat was accomplished using custom-made 6' long wooden skis without metal edges with only a crude wax system for climbing. He used poles he made from hickory garden rake handles.

He didn't have a sleeping bag or much of a tent. He cut tree boughs and used them as a base to pitch a small shelter on the snow. He built fires for cooking and wrapped himself in a down robe for sleeping.

Bart carried a 70-lb pack, a folding bellows camera and a double bit ax. He wrote extensive journal entries and shot 320 photos.

What a rugged skier and adventure hero he was! He deserves a mountain to be named in his honor.

For further details, photos and a map of the trek, go to—
www.fresnobee.com/man/trek/

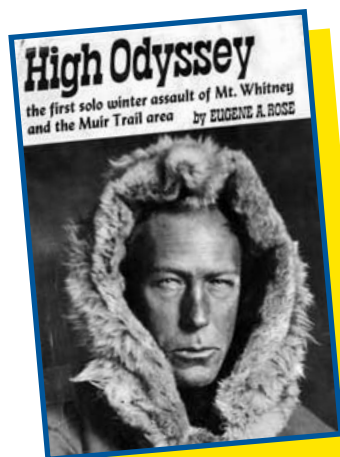
Please send your **Letter of Support** to—

Executive Secretary
Domestic Geographic Names Committee
U.S. Board on Geographic Names
c/o U.S. Geological Survey
523 National Center, Reston, VA 20192-0523

Also please send a copy of your **Letter of Support** to—

Phil Bartholomew, 49812 Road 620, Oakhurst, CA 93644.

The images on this page were taken by **Orland Bartholomew** during his expedition on the Muir Trail. The photographs are all from *High Odyssey* written by **Eugene Rose**. You can purchase a copy of the book at either Barnes & Noble or Amazon.com. ●



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Tripping Around Los Angeles Ski Clubs & Far West

Auslich Ski & Recreation Club

Auslich's next **Golf Tournament** is August 28, 2004. Melanie Dietz will host the Post Tournament Party.

www.AuslichSkiClub.org

South Bay Ski Club

Earlene Parsons will be hosting **South Bay's TGIF Pool Party**, Friday, August 27, 2004 at 6 PM.

www.SouthBaySkiClub.org

Pacific Rim Alliance

Pac Rim's annual **Jimmie Heuga Fund Raiser** will be Saturday, September 17, 2004, 5 PM.

Catherine & Gene fulkerson will be hosting in San Diego. Cost is a \$60 donation to The Heuga Center for MS.

www.PacificRimAlliance.org

Wailers Ski Club

Wailers will be doing some **Killer Hikes** (Mt. San Antonio "Baldy" on July 11, San Geronio on August 15) in preparation for their assault on Mt. Whitney on September 12, 2004.

www.WailersSkiClub.org



Beach Cities Ski Club

Dust off your Zoot Suits and join Beach Cities at the **Hollywood Bowl** for "The One and Only Big Bad Voodoo Daddy" on Saturday, August 7, 2004.

www.bcSkiClub.org

Far West Ski Association

If you are a member of an LAC club, you are a member of FWSA and you can participate in the following events.

www.fwsa.org

- **SCANDINAVIA** Aug 26 - Sept 8, 2004
Kathy Hoffmann, Trip Leader
510.278.5900 / tkhoffmann@aol.com
- **ALASKA CRUISE** September 19-26, 2004
Lynnell Calkins, FWSA Travel
lynnell@aol.com / 310.370.4617 / www.ufusacruises.com
- **ASPEN, COLORADO** Jan 29 - Feb 5, 2005
Judith Miller, LAC Trip Leader
818.841.4192 / jamski5@juno.com
- **NAGANO-HAKUBA, JAPAN** Feb 19-27, 2005
Tucker Hoffmann, Trip Leader
510.278.5900 / tkhoffmann@aol.com
- **ST.MORTIZ, SWITZERLAND** Mar 12-19, 2005
Tucker Hoffmann, Trip Leader
510.278.5900 / tkhoffmann@aol.com
- **CONVENTION** June 9-12, 2005
Westin, LongBeach
Catherine Ohl, Chair
858-467-9469 / ohl@acatmeowz.com
- **CHINA** Sept 2005
Tucker Hoffmann, Trip Leader
510.278.5900 / tkhoffmann@aol.com

Aerospace Ski Club

Aerospace will be heading to Mammoth July 30 – August 1, 2004 for the **Bluesapalooza Concert**.

www.aeclubs.org/ski/index.htm

Single Ski Club of LA

Singles will be touring **MTA Underground Art** with Polly Miller on Saturday, July 31, 2004.

www.SingleSkiClub.com

Long Beach Ski Club

Long Beach will meet at **Joe's Crab Shack** in Long Beach, Wednesday, August 18, 2004, 6:30 PM, to feast on a selection of different kinds of crabs, cooked in a myriad of ways.

www.LongBeachSkiClub.org

Tripping Around Los Angeles Council



www.lacouncil.org



LAC Calendar of Events

JULY 2004

11 LAC Volleyball, Manhattan Beach

AUGUST 2004

8 LAC Volleyball, Playa del Rey
26 - Sept 8 FWSA Scandinavian Tour

SEPTEMBER 2004

12 LAC Volleyball, Manhattan Beach
19 Golf Whack-Off for Unrecables
19 - 26 FWSA Cruise to Alaska

OCTOBER 2004

31 Shop 'Til You Drop, H&H Jobbing

NOVEMBER 2004

6 Snow Gala

DECEMBER 2004

2 - 5 Ski Dazzle @ LA Convention Center
6 - 10 Rokka Race Camp
11/12 Rokka / Ullr Races
13 - 17 LAC Race Camp

JANUARY 2005

8 / 9 Rokka / Ullr Races
22 Rokka
29 - Feb 5 FWSA Aspen Ski Week

FEBRUARY 2005

5 - 12 **LAC Steamboat Ski Week**
12 / 13 Rokka / Ullr Races
24 - 28 **LAC Salt Lake City**

MARCH 2005

5 / 6 Rokka / Ullr Races
18 - 20 FWRA Championships

APRIL 2005

2 - 3 LAC Championships
17-24 Sunshine / Banff (proposed)

JUNE 2005

9 - 12 FWSA Convention, Westin, Long Beach
Catherine Ohl @ 858.467.9469
ohl@acatmeowz.com

Los Angeles Council

LAC is a member council of the Far West Ski Association (FWSA) and the National Ski Council Federation (NSCF) and entitled to privileges of both organizations.

LAC is made up of 28 member clubs located throughout the greater Los Angeles region. The council offers a forum for clubs to come together to share activities and lessons learned. LAC sponsors a major Ski Week, a four-day Ski Trip, Club Races, Race Camps, Volleyball, Softball, Gala Dance and Summer Events.

This newsletter is published bi-monthly. **Articles for the next issue are due August 16, 2004.** Media is accepted in electronic form (word or text). You can send photos electronically (ohl@acatmeowz.com) or snail mail (10818 Viacha Dr., San Diego, CA 92124). All photos will be returned.

Meetings

Mrs. Garcia's
13365 W. Washington Blvd., Mar Vista
(1 block east of Lincoln at Glencoe)

General Meetings—

First Monday of the Month, 7 PM

Convention Meetings—

Third Monday of the Month, 7 PM

Board Meetings—

Fourth Monday of the Month, 7 PM



2004/05 Tentative Race Schedules

Race Camps

Dec 6 - 10	Rokka	Mammoth
Dec 13 - 17	LAC	Mammoth

League Races

Dec 11 / 12	Rokka / Ullr	Mammoth
Jan 8 / 9	Rokka / Ullr	Mammoth
Jan 22	Rokka	Mammoth
Feb 12 / 13	Rokka / Ullr	Mammoth
Mar 5 / 6	Rokka / Ullr	Mammoth

Championships

Mar 18 - 20	FWRA	TBA
April 2 - 3	LAC	Mammoth ●

Los Angeles Council Clubs
P.O. Box 83333, LA 90083
www.lacouncil.org

Aerospace
www.aeclubs.org/ski/index.htm

Asian
www.asbcla.org

Auslich
www.auslichskiclub.org

Beach Cities
www.bcskiclub.org

Century City
www.centurycityskiclub.org

Cliff Hangers

Conejo
www.conejoski.org

Edelweiss
www.edelweissskiclub.org/

Executive Board

Four Seasons West
www.4sw.com

Grindelwald Ski Club
www.grindelwaldskiclub.org

Hughes Ski Club

Kronenstadt
<http://geocities.com/kronenstadtski/>

Long Beach
www.longbeachskiclub.org

Los Padres
www.lospadresskiclub.net

Pacific Rim
www.pacificrimalliance.org

Radar River Rats
www.radarriverrats.org

Saga
www.sagala.org

Singles
www.singleskiclub.com

Slope Surfers
www.slopesurfers.org

Snow Busters
www.snowbusters.org

South Bay
www.southbayskiclub.org

The Right Way
www.therightwayskiclub.org

The Unrecables
<http://home.earthlink.net/~unrecables>

Tri Valley
www.trivalleyskiclub.com

Wailers
www.wailersskiclub.org

Westwood
www.westwoodskiclub.org

Winter Fox

LA Council is going to
Steamboat.
February 5-12, 2005



Courtesy Steamboat / Larry Pierce

Ski with Pride • Watch All Sides • Let It Ride
First with Safety Awareness