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www.lacouncil.org



Winter Park

2-8 February 2003



What a great week we had in Winter Park! The snow was wonderful and we had fresh powder nearly every day! This was absolutely the best ski week ever! The details can be found on page 6-9. **Read about the incredible Unrecable experience on pages 6-8.**

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Message from the President Knott's Knuggets

by Ed Knott, LAC President

Winter Park-

All of us who went on the council's annual trip have had a chance to thaw out since getting back from Winter Park a few

weeks ago. The weather was cold and snowy, making conditions wonderful for the week.

Winter Park is no longer one of Colorado's best kept secrets. Skiers in the Denver area are lucky to have such a super mountain only a couple of hours (in good weather) from home.

Congratulations go to Tri Valley Ski Club for winning the Dave Seret Memorial

Race and to **Pete Sindelar** and **Julie Morris**, the fastest skiers on the hill. Thanks to **Bonnie West** (our VP Travel and overall trip leader), our club trip leaders and Target Sports for making this such an enjoyable trip.

I'd like to especially thank **Sigrid Noack** for leading an incredible

group of Unrecables club members on this trip and to **Kathleen Craig** for so ably handling the club races in hubby **Ray**'s absence.

Far West Convention—

Looking ahead to future events, we're all stoked about this year's Far West Ski Association convention in Palm Springs. San Diego Council is hosting this convention. Look for the flyer in this issue.

We're also looking into the feasibility of providing a bus to take Angelinos to Palm Springs on Friday, May 30th whose sole interest is partying and bidding at the silent auction. Keep tuned for details as they arise.

Los Angeles Council is looking into the possibility of hosting the '05 convention, the 75th anniversary of FWSA.

Whistler/Blackcomb-

As many of you know, next year's council trip will be at

Whistler/Blackcomb. This trip promises to be "sold out" very quickly, so get your reservations in early. Target Sports will once again be our tour operator.

Elections-

Finally, elections will be held for council board positions at our April 7th meeting. Positions that will be open include VP Programs, VP Communications and Treasurer (all 2-year positions).

Also open is the position of President, a 1-year commitment. I have served as your President for 3 years (1 year longer than permitted by the by-laws) and need to have a successor.

I owe a huge debt of gratitude to my fellow board members who worked so hard to make this an exciting year. For more information on council and club activities, log on to our web site at www.lacouncil.org.

Ed Whet

Po You Love To Ski?

Here's a challenge that will change your life . . .

AND enhance a person's life forever!

- The Unrecables, a member club of LAC & Disabled Sports America, are recruiting volunteer instructors for their adaptive ski program at Mammoth.
- No experience is required—they provide the training!
- For each weekend you volunteer and instruct, you get a free ski day at Mammoth.
- Sign up now to share your love of snow sports and make a difference—

Barbara Miyamoto— 818-986-3830 / b_miyamoto@msn.com

LAC Elections!

LAC Elections will be held at the April 7, 2003 meeting.

Up for grabs are the following board positions.

- President
- Treasurer
- VP Communications
- VP Programs



Membership Matters LAC Programs

Los Angeles
Council of Ski Clubs
www.lacouncil.org

by Iris Williams, VP Membership / Jacquie Nemor, VP Programs



Membership Matters-

By now you should have received your Far West Membership cards. This is a first for Far West in a long time so for 2003-2004 they plan to deliver them to LA Council by July 2003. With this in mind, Club's should send in their LA Council membership dues and form by May 2003. Since most clubs have elections in the Spring, joining LAC should be a part of the new board transition ritual.

Please remember that the Far West Convention is May 29 - June 1, 2003 in Rancho Mirage, CA. This is a great venue for

new board members to get up to speed. Did you know that LA Council is looking into putting together an overnight Party Bus for the Silent Auction?

Many people use the internet to find a ski clubs in their area, so to expedite their search, clubs should send me a demographic's bio so that I can direct them to the club which fits what they are looking for. Your club bio should include the following— Club Name, Geographic Location, Age range, Median Age, Youth Programs, Year Around, Skiers or Snowboarders, Race Teams, Softball Teams, Volleyball Teams, Beer or Wine Teams, Club MED Hedonism, Singles or Families, ...

As we turn the corner of winter to spring, remember it is a good thing. See you on the Slopes.

Jris

Programs-

This is the last newsletter article I will be writing because my term for VP Programs has come to an end and I want to thank all of you who have given

your support to me and helped make the Snow Gala the highlight of the year. I want to thank especially **Ed Knott, Catherine Ohl**, and **Bonnie West**.

Without your help the past three years, it would have been a much more difficult undertaking. My very best wishes to the new board and especially the new VP Programs. I know this year's Snow Gala will be better than ever!



Jacquie

Rahlves Honored by USOC



Downhiller **Daron Rahlves** (Sugar Bowl, CA), who conquered Kitzbuehel's fabled Hahnenkamm downhill for the first victory in that race by an American skier in 44 years (**Buddy Werner** in 1959) and had two other top-3s in World Cup races, is the U.S. Olympic Committee's Male Athlete of the Month for January.

USOC officials said Rahlves was cited for his historic victory in Kitzbuehel, for finishing second in the Lauberhorn in Wengen, Switzerland, the previous weekend and for finishing third in a downhill in Bormio, Italy. Runnerup was tennis player **Andre Agassi**, who won the Australian Open.

Coincidentally, the USOC announcement came as Rahlves was being honored in Kitzbuehel for his dramatic win by having his name painted on one of the resort's gondolas, an honor reserved only for winners of the famous Hahnenkamm, which is regarded by many as the Super Bowl of ski racing.



LA Council presents 2004 Ski Week in Whistler



LA Council & Target Sport Adventures presents

Whistler/Blackcomb **January 31 - February 7, 2004**

from



Package Dncludes-

- Round Trip Air LAX to Vancouver (to be announced)
- Round Trip Ground Transfer from Vancouver
- Seven Nights Lodging based on Double Occupancy
 - Lodging options available in the Village, North Village and Upper Village
- Welcome Reception
- Mountain BBQ
- 2 NASTAR Races
- Farewell Banquet and Dance
- Ski Week Souvenir

CST 2060973-50

Elevation

2,140 - 7,494 feet

Vertical Drop 5,280 feet

Acres of Terrain

7.071 acres

Average Snowfall

360 inches

Lift Facilities 3 Gondolas

- 12 Express Quads
- 5 Triple Chairs
- 1 Double Chair
- 12 Surface Lifts

Number of Runs

200+ runs

Alpine Terrain Rating

18% Novice

55% Intermediate

27% Advanced

Other Activities

Heli-Ski Snowcat Tours Snowshoeing Snowmobiling Dog Sledding Sleigh Rides Cross Country

page 4

Not Included-

- Lift Tickets—
 - 5 of 6 day lift ticket is \$177 (\$152 for Seniors)
 - Mammoth Pass holders can buy lift tickets for about \$22 a day.
- Optional activities— cross-country skiing, snowmobiling, dog sledding, snowshoeing, snowcat tours, horse drawn sleigh rides, heli ski, flight tours

About the Mountain-

- About two hours from Vancouver
- More than 7,000 acres of Skiable Terrain with 200⁺ trails and 33 lifts
- 12 Alpine Bowls and 3 Glaciers
- Longest run on EACH Mountain is 7 Miles
- 18 On-Mountain Restaurants
- 3 Halfpipes and 2 Parks

Taking Reservations & Deposits NOW-

- Contact your ski club trip leader or
- Bonnie West, VP Travel, LA Council (562) 699-8880 or travel@lacouncil.org

Travel Tidbits Whistler/Blackcomb Update

Los Angeles Council of Ski Clubs www.lacouncil.org

by Bonnie West, VP Travel

Several clubs have requested space for the Whistler 2004 Ski Week and already sent in their deposit for January 31 - February 7, 2004.

In order to have the best chance of obtaining your lodging choice initial deposits of \$100/person, with lodging choice, is due to me by March 15, 2003.

This doesn't mean your club can't sign up for the LAC Ski Week later, just those clubs with the March 15 deposits will have first dibs on lodging.

There is so much to do in Whistler that this is a trip for the non-skier too. There is dog-sledding, snow-mobiling, snow-shoeing, sleigh rides, lots of massage places, cat skiing, heli-skiing, cross-country, shopping, ziptrekking and more!

Our ski week will be priced without lift tickets in the basic package, as the Mammoth pass will save skier's about \$70. For those who do not have the pass, obviously, we'll offer a group discounted lift ticket.

Once again, I am looking for those people who would like to help organize certain parts of the trip and earn a bit back on their trip.

a bit back on their trip. Perhaps someone who would like to run for my position next year would like to start by helping out with this trip!

If you have any questions, comments or suggestion, please call 562-699-8880 or drop me a line at travel@lacouncil.org.

Ski you on the slopes!



All That's Whistler/Blackcomb

Whistler Blackcomb is the best choice for our 2004 Ski Week. With over 7,000 acres of terrain there are places here other mountains can only dream of. Variety is an understatement. There are steeps, deeps, chutes, bowls, glades, superb corduroy, long cruisers, high alpine, and gentle rollers. Riders and skiers will revel in the Parks and Pipes on Blackcomb, the World Cup Halfpipe, plus natural launch pads, hits, wind-lips, cornices, cliff drops, and ridges — the place is like a huge, natural terrain park!

Indoor Activities

If it's relaxation you're after, why not indulge in one of the many spas, tour the art galleries in Whistler Village, or head to Meadow Park Sports Center for a skate, swim, steam, or game of squash.

Dining

Whistler/Blackcomb has some of the best restaurants in the world, both on and off the mountains.

Après & Nightlife

Footsteps from the hill, mountain views and ample patio space are characteristics of Whistler/Blackcomb's favorite après spots. Typically, there's live music and plenty of people when the lifts close. Yet après spots in Whistler and Blackcomb are unique. Whether it's location, music, food, or atmosphere that's important, there's an après spot in Whistler to fit anyone's fancy.



Winter Park Recap What a Great Week We Had!

by Bonnie West, LAC Travel VP. Photos by Bonnie West & Patricia Ortiz

What a great week in Winter Park! The snow was wonderful and we had fresh powder nearly every day. We actually heard the following: "This was absolutely the best ski trip I've been on in over 20 years!" What a grand confirmation that we chose the best!

The Unrecables-

A highlight of the trip for many was skiing with the Unrecables. Some of them liked to go through the trees and just don't stop!

Ron Guidotti said that skiing with Daniel Palacios was one of the best ski days he'd ever had.

We were glad there were eight from the club that joined us and they had a wonderful time. Thanks to all the clubs who helped support the Unrecables trip to Winter Park.

The Races-

About one-half of the group participated in the races and many, many won NASTAR medals. This list is printed on page 7. Congratulations to Tri Valley Ski Club, winners of Dave Seret Memorial Race. Conejo and Tri Valley brought the same number of people, but TVSC managed to get twice as many racers on the course, so numbers do count! The fastest man, Pete Sindelar, and fastest woman, Julie Morris are from Tri Valley.

The Pub Crawl-

The night of the pub crawl was really, really cold, so many of us just went to a few places with our "flashing beads."

The Poker Run-

One of the days we had a Poker Run. The idea was to pick up a card at each of seven lifts and make the best poker hand you could. Each of the cards in your hand had to have a different back, showing they were from the different lifts.

Even so, we had hands turned in with seven Aces and seven Kings, a Royal Flush, etc. Tell me there wasn't a bit of "trading cards" going on! The "best cheater" had to be **Mil Green** of Long Beach who decided to turn
in a hand where all the backs were the same!

The Mountain-

The mountain has a lot of gentler runs, but once you learn the mountain, it is pretty easy to get around without a lot of effort, (called poling). Since Intrawest just took over the management of Winter Park, my prediction is that this will become a premier resort in a few years. We can say "We skied it when."

Skiing With The Unrecables by Patricia Ortiz, Pacific Rim

When I decided to go on the Winter Park trip, I had several options for which group to go with, since I was the only one from my clubs (Radar River Rats & Pacific Rim Alliance) going. After speaking with several trip leaders, I decided to buy one of the trips that **Sigrid Noack** won at the Snow Gala (I paid full price).

I thought I might in some way assist some of the Unrecables in going. Both the Radar River Rats and Pacific Rim Alliance have, for the past several years, made annual donations to the Unrecables, so I thought I would keep up the tradition.

Anyway, my first realization that this would be no ordinary trip was at the airport. The special arrangements that needed to be made before and after takeoff made me realize how many things I take for granted.

This was the beginning of counting my blessings all week long. It was hard enough for me to manage my luggage and gear. So I was quite impressed with the innovativeness of the Unrecables, especially **Dee Armstrong**, who has a system where she is

Armstrong, who has a system where she is able to fit all of her stuff on her wheelchair, especially her coffee mug.

More on page 8

The Unrecables

Spectacular Winter Park Ski Week

Los Angeles Council of Ski Clubs

by Gordon Cardona, Unrecables. Photo courtesy Unrecables

www.lacouncil.org

The weather was cool but not that cold as eight Unrecables members flew into Denver on the first of February with 130 club members in LA Council. We boarded the accessible charter bus and headed for the Winter Park Mountain Lodge in anticipation of the week ahead.

We were welcomed warmly by a reception that evening with appetizers and wine. On our first ski day, we took a mountain tour lead by a very knowledgeable volunteer mountain guide.

We enjoyed lunch at the beautiful restaurant atop of the mountain with an awesome view. That evening we participated in the pub crawl but only went to two pubs due to the distance and weather.

The skiing was really awesome! We skied all over the mountain all week. We also raced a couple times and performed very well. We would like to thank all the wonderful people from the LA Council clubs who volunteered to be ski buddies for our members who needed a little extra

help. Special thanks to **Waltraud Cardona, Kathleen Craig**, and **Patricia Ortiz** who helped us all week! We couldn't have done it without you! You are awesome!

Elaine Guidotti and the Tri Valley Ski Club warmly invited us to their Club Night and we enjoyed a potluck dinner and played Jinko. You have one steady hand, Barbara Miyamoto!

On our final evening, we wined and dined and danced all night. **Kathy Paisley** is our club's Dancing Queen! Rumor has it she also won some serious cash at the pool table a couple nights prior.

We would like to thank **Sigrid Noack**, our Trip Chairperson, who organized this wonderful trip for us, took care of all the details, and oversaw our fundraisers. Your trip leadership is appreciated by everyone in our group. Overall, it was a terrific week of skiing and partying. We are already looking forward to the next Ski Week to Whistler! Please join us!



Thanks for Your Caring Assistance in Winter Park

Tri Valley
Mary Albritton
Don Cole
Elaine Guidotti
Ron Guidotti
Judith Miller
Pete Sindelar
Barry Smith

Bonnie West

Conejo

Bruce Boring Kathleen Craig Mike Greenwald Peggy San Filipo

TRW

Minoru Ichiho Harald Koletsky Mary Ann Pryor Richard Sugita

Long Beach

Mil Green Dave Mateer Linda Mateer Manny Tsangarakis

The Unrecables

Waltraud Cardona

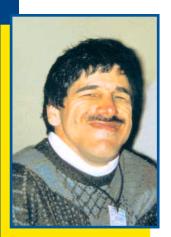
Pacific Rim

Patricia Ortiz

Target Sport Adventures
Denny Bartlett
Kevin Staunton

NSCD

Rodger Carver Christine Pulpaff Mike Rantz Frank



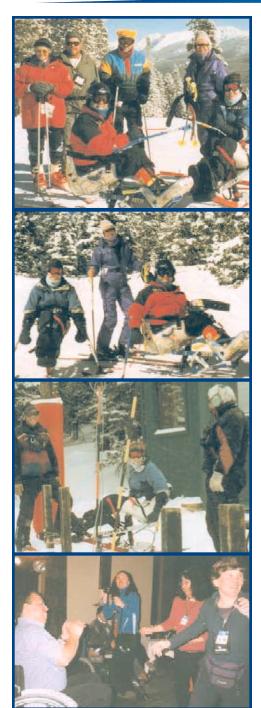
Thanks To Our Wonderful Ski Week Instructors!

Chip Craig Dave Jason Leroy Mike Scan Steve Tim



More Skiing With the Unrecables

by Patricia Ortiz, Pacific Rim. Photos courtesy the Unrecables



See More photos at http://home.earthlink.net/~unrecables

S Continued from page 6

One of the best parts of skiing was being able to join the Unrecables to see how they courageously do what they do. The handicap accessible bus would pick us up each morning and deliver us to the NSCD (National Sports Center for the Disabled).

The first day our paths crossed that of Tom Savage, a monoskier, who became disabled in a car accident. He is currently training on the NSCD team, with hopes of going to the Olympics. He left all of us in the dust. I tried to keep up with Daniel Palacios and assist him when needed.

When it came time to break for lunch, there were limited options for the group,

as there were not always wheelchairs I encourage everyone available to them. Again, something that most of us never give a second thought to. The afternoons were much of the same, although I usually stopped

skiing around 3:00, especially since this was my first ski trip of the season and I

reading this article who

has not spent time with

the Unrecables to try

memorable experience

to do so. It will be a

and oodles of fun!

It was apparent the night of the bar crawl that being able to get around the streets of the town, especially with it snowing, would be a feat. So the Unrecables were only able to visit two places that were relatively close to each other. I did not join them, or the rest of the group, that evening, as I, and my roommate Sherry Crisp (a Wailer), were more interested in having a nice dinner than bearing the cold and imbibing too much alcohol.

was not in good enough condition yet.

However, we did meet a local guy and his girlfriend who treated us to dinner and drinks. We then all went to another bar for more drinks, which is where I met

Ryan Rector, a race coach for NSCD, who also happens to be the roommate of Tom Savage. Small world.

One of the highlights of the trip was winning the Poker Run (and I didn't cheat). My prize was a 2001-2002 Winter Park poster. My hand was a straight flush, king high. I enjoyed being invited to the trip leader dinner, as Sigrid's (and the Unrecables) guest. I especially loved spending my day off with the Unrecables in town shopping and having lunch.

I raced for the first time and finished two NASTAR runs on Thursday. And for some unknown reason, probably a clerical error, I got a bronze medal at the banquet

> on Friday night. Sherry, who is an excellent skier, also raced for the Unrecables and helped them win a respectable third place overall.

Throughout the trip I got called more "P" names then ever before, especially by my new friend Ron Guidotti (or was it Rob or Russell or Rufus?). So I became accustomed to answering to Priscilla, Princess,

Pamela, etc., but my favorite was Petunia.

On Saturday I traveled back to LA with Sherry and Dee. Both Dee and I got frisked going through security. Sherry escaped the fun. When we arrived in L.A., I saw that Dee got all her stuff together in her most ingenious way and we said our adieus.

I want to thank all the Unrecables for welcoming me (no special order) — Sigrid Noack, Barbara Miyamoto, Dee Armstrong, Kathy Paisley, Gordon Cardona, Wally Cardona, Daniel Palacios and Steve Lefkowitz.

For a final note, I encourage everyone who is reading this article who has not spent any time with Unrecables to try to do so. It will be a memorable experience and oodles of fun!

Winter Park Ski Week

Dave Seret Memorial Race Results



Submitted by Kathleen Craig

www.	aco	unci	l.ord

				Dave	Seret 2/6/	03	Qualif	ier 2/3/03	}
1	Place	Name	Club	Time	NASTAR Medal		_	NASTAR Medal	
Category 1 Men	1	Sindelar, Peter	TV	32.45	Gold	3	25.27	Gold	
	2	Cole, Donald	TV	32.98	Gold	2	25.55	Gold	
	3	Sugita, Richard	TRW	33.09	Gold	1	25.37	Gold	
Category 2 Men	1	Hamer, Ronald	TV	33.11	Gold	3	25.78	Gold	
	2	Smith, Barratt	TV	33.36	Gold	2	25.05	Gold	
	3	Lopez, Dave	LB	33.41	Gold	1	26.85	Silver	
Category 3 Men	1	Green, Mil	TV	33.64	Gold	3			
	2	Stinson, Don G (Son)	TV	33.69	Silver	2			
	3	Jonsson, Richard	CO	34.04	Gold	1	25.57	Gold	
Category 4 Men	1	West, Glen	TV	34.25	Silver	3	27.21	Bronze	
	2	Morton, Glenn	TV	34.45	Silver	2	26.85	Silver	
	3	Barnwell, William	CO	35.31	Gold	1	28.08	Gold	
Category 5 Men	1	Bollinger, Paul	TV	35.33	Silver	3	25.90	Silver	
	2	Friedman, Alan	CO	35.72	Silver	2	27.62	Silver	
C CM	3	Kern, Jack	CO	36.32	Silver	1	22.20	Silver	
Category 6 Men	1	Greenwald, Michael	CO CO	36.75	Silver Silver	3	32.20	Silver	
	2 3	Schaberg, Richard	TRW	37.02 37.19	Silver	2 1	28.53	Silver	
C . 7.W		Shepard, Robert					26.12	C'I	
Category 7 Men	1 2	Guidotti, Ronald Benz, Richard	TV TV	37.30 37.62	Bronze Bronze	3 2	26.12 29.08	Silver Bronze	
	3	Malesh, Thaddeus	CO	38.69	Bronze	1	27.45	Silver	
Catagory 9 Man	1	Ichiho, Minoru	TRW	38.69	Silver	3	28.31	Silver	
Category 8 Men	2	Downing, Kendall	TV	39.55	Bronze	2	26.31	Silver	
Catana ma O Man		Sobolseki, James	LB	40.16		3			
Category 9 Men	1 2	Tabbush, David	TV	40.16	Bronze Bronze	2	29.92	Bronze	
	3	Weisgerber, Phil	TRW	40.62	Bronze	1	27.72	DIOIIZE	
Category 10 Men	1	Hurault, Julien	CO	41.67	DIOILL	3	32.90		
	2	Deming, John	CO	41.91		2	32.70		
	3	Burcham, Robert	CO	42.85	Bronze	1	29.45	Silver	
	4	Talley, Steve	TV	46.23		1	37.31		
Category By Himself	1	Stinson, Don C (Dad)	TV	48.06		2			
Special Category Men	1	Palacios, Daniel	UN	44.09	Bronze	3	35.74	Bronze	
	2	Cardona, Gordon	UN	61.45		2			
	3	Lefkowitz, Steven	UN	71.73		1	53.56		
Category 1 Women	1	Morris, Julie	TV	33.44	Gold	3	26.90	Gold	
	2	Crisp, Sherry	UN	35.41	Silver	2			
	3	Noack, Sigrid	UN	35.97	Silver	1	27.87	Silver	
Category 2 Women	1	Boecker, Ulrike	CO	36.20	Silver	3	27.99	Silver	
	2	McConnell, Shirley	TV	36.52	Gold	2	28.38	Gold	
	3	Burcham, Maryam	CO	37.06	Silver	1	27.25	Silver	
Category 3 Women	1	Pryor, Mary Ann	TRW	38.48	Bronze	3	31.55	Bronze	
	2	Adams, Joan	CO	38.49	Bronze	2	28.10	Silver	
	3	West, Bonnie	TV	39.09	Silver	1	27.66	Silver	
Category 4 Women	1	Wong, Randal	TV	39.56	Bronze	3			
	2	Stepanian, Barbara	TV	39.65	Silver	2	21.00	D	
	3	Accordino, Beverly	TV	39.73	Bronze	1	31.08	Bronze	
Category 5 Women	1	Craig, Kathleen	CO	40.20	Bronze	3	29.18	Silver	
	2	Stinson, Betty	TV	48.61		2			
Constance www	3	Ortiz, Patricia	UN	49.61	C:1	1	26.07	D	
Special Category Women	1 2	Paisley, Kathy	UN UN	40.70	Silver	3 2	36.04	Bronze	
	3	Miyamoto, Barbara Armstrong, Dee	UN UN	72.02 99.03		1			
	,	rumstrong, Dec	014	77.03		1			

Club Points

Tri Valley	49
Conejo	24
Unrecables	16
TRW	9
Long Beach	4

Thank You!

Please join us in thanking those who made generous donations to the Unrecables to enable them to attend LAC Ski Week.

Don Beaulieu

- Sunshine Village **Century City** Conejo **Edelweiss LA Council Pacific Rim Radar River Rats NSCD**

- National Sports Center for the Disabled in Winter Park Tri Valley Wailers



LA Council at

Big Mountain, MT with FWSA

by Judith Miller, Trip Leader. Photo by Sherrie Marco

All those predictions about Montana being too cold were proven false. (It was Winter

Park that had the near-zero temperatures!) Big
Mountain was warm! So
warm, in fact, that we
skied in the rain (and fog)
and didn't feel cold (until
we came inside and dried
out a bit and then thought
about going out again).
That was Sunday.

Monday was beautifully sunny, but because the snow was too wet to groom the night before, it was "washboard city." The Joe

> Ross Memorial Race took place (the qualifier for the rest of the week's races) on the **NASTAR** course, LAC had some strong racers: Jan Grant, **Jessica** Freeman, Laura Priess, Sherrie Marco. Brad and Ellen Falk, and me. Lots of silver and bronze medals.

Tuesday, however, was another matter entirely. We st skies though ation. A skier

got up to overcast skies though without precipitation. A skier from Arizona took one look and left for the airport. But what he didn't know, and we found out to our great glee, was the cloud layer was only in the valley and the mountain was in sunshine!

However, as the day wore on, the clouds came in and it started to snow. Which it did off and on for the next two days! So Wednesday and Thursday we skied in some very nice powder, closing the lifts and missing most of the après ski parties.

And parties there were! Sunday's Super Bowl/Welcome Party, with free food, beer, wine, and betting, was a disappointment only to those from the Bay Area (yeah, Tampa Bay!)

Monday's Pub Crawl started with a free 6oz. sample at the Great Northern Brewery, moved on to huge and potent margaritas at Serranos, next pizza and wine at Truby's, then bloody Marys at the Great Northern Pub (to say nothing of the restroom decor). We could only stagger back to the shuttles.

The Wednesday après ski party at the Summit had live guitar for C&W and R&R dancing, beer, pizza, and a chilly, 7-minute ride down on the lift in a raging snowstorm.

Thursday's après was at the base with yummy chicken wings, mini quiches and beer.
Thursday was also the Council Challenge race, again on the NASTAR course. Our team, "El Barifalk and his Harem" (7 ladies and "Barry" Falk) managed to avoid last place again and the Anchor Award went to San Diego Council for

the second year in a row.

Jan had the fastest time for the ladies on the red course. Arizona Council won the costume award with two ladies in beach attire. As I said at the time, you can't beat T&A.

Friday, unfortunately, the weather returned to rain. A group of us went to Essex to cross-country ski into Glacier National Park, but instead drove around, ate lunch, and went shopping.

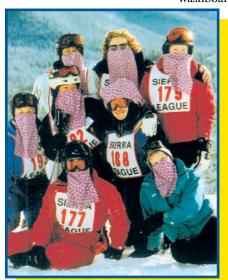
The group that went to Fernie, Canada, had slightly better conditions and found snow at the top of the mountain. But all were in fine shape for the Awards Banquet that night. Several medals were earned by Jan, Laura, Jessica and Ellen.

There were 20 in the LA Council contingent, representing several clubs — Singles (6), Century City (5), Conejo (2), and South Bay (2). Unfortunately, on her very first run Sunday, **Margie Clingerman** broke her ankle and she and her friend **Howard** went home on Tuesday.

Everyone was very happy staying at the Grouse Mountain Lodge since it was the site of the two main parties as well as having a most convenient shuttle service.

FWSA Ski Week 2004 will be at Lake Louise with everyone staying at the luxurious Chateau. Dates are January 24-31, 2004. Prices to be announced next month.





El Barifalk and his Harem—

Gloria Raminha, Jessica Freeman, Sherrie Marco (back row), Judith Miller, Ellen Falk, Brad Falk (middle row), Laura Priess, Jan Grant (front).

Competition Corner SISR League Championships



by Bud Allie, President Inland Race League & Council

I hope you have the weekend of March 8 and 9 set aside for a trip to Mammoth! The annual SICO event presently scheduled at Mammoth that weekend has been rejuvenated by the addition of the Rokka League as a full participant in the Championship event.

Unfortunately, the Central League is experiencing a period of activity perhaps best described as hibernation. To reflect the change in participating leagues, the event has been renamed SISR, the acronym for Schusski, Inland, San Diego, and Rokka, to be pronounced "scissor."

Renaming the event is not the only change. With the addition of Rokka, the number of participants will support a two day event including a two run Slalom on Saturday and a single run GS on Sunday.

The first run on each course on Saturday will be the Championship Slalom run and count for individual Championship medals and points for the League Championship along with the GS on Sunday. The best time of the two runs on Saturday, will count as a Rokka 4, Inland 4, or Schusski 4.

Rokka 4 was previously scheduled for Sunday, March 9.

The GS run on Sunday will count towards individual medals and SISR Championships.

To be a qualified racer (points eligible) for the SISR Championship event, you must have finished at least one race since (and including) the 2001 FWRA Championships (Northstar, April 2001).

However, first time racers (FTR's) are encouraged to participate. Any FTR who finishes the three runs, will be qualified to participate in this year's FWRA Championships at Mount Bachelor as a points eligible racer as well as next year's SISR event.

All ages and classes, skiers and snow boarders, are welcome and encouraged to participate.

The participating SISR Leagues are still discussing the process for awarding the League Championship Trophy. We are attempting to create an event that is competitive at all levels. There will be awards ceremonies each day shortly following completion of the last course, with medals for each class. The SISR Trophy

will be awarded at about 4pm on Sunday afternoon.

The cost for the event is \$35 per racer. But check with your club or league racing

representatives as some leagues/clubs may be subsidizing their racers.

If you have not raced at Mammoth this year, you will need to complete a release. Contact your league racing representative (or email me at **budallie@pacbell.net**) and we will get you registered.



Do your best Bode Miller imitation.

Bode shown here winning the gold GS at the World Championships in St. Moritz, Switzerland, February 12, 2003

Saturday, March 8, 2003, two-run slalom-

10:00 AM Top start - J1, FTR upper, 1-5 women, 1-5 men.

11:45 AM 3/4 start - J2, FTR lower, 6-10 women, SNOB.

1:30 PM 3/4 start, 6-10 men.

3:45 PM awards.

Sunday, March 9, 2003, single run GS-

9:30 AM Top start - J1, FTR upper, 1-5 men.

11:15 AM Top start - 6-10 men.

1:00 PM Top start - J2, FTR lower, 1-10 women, SNOB.

3:45 PM awards.



Safety Sense-Ski Tips for Kids of All Ages

Memorize the "Your Responsibility Code." It's the seven rules of the slopes and many accidents can be avoided by adhering to the Code.

Ski helmets are a good idea.

Make sure the helmet fits correctly. A ski helmet is not an item you buy to grow into. Educate yourself about the benefits and limitations of the helmet. Wearing a helmet doesn't give permission to ski or snowboard faster or recklessly.

Dress in layers.
Layering allows you to accommodate your body's constantly changing temperature. For example, dress in polypropylene underware (top and bottoms) which feels good next to the skin, dries quickly, absorbs sweat and keeps you warm. You should also wear a turtleneck, sweater and waterproof jacket.

Be prepared. Mother nature has a mind of her own. Wear a hat or headband, 80 percent of heat-loss is through the head. You should also wear gloves or mittens (mittens are usually better for those who are susceptible to cold hands).

Be sure to wear sun protection, even on cloudy days. The sun reflects off the snow and is stronger than you think!

Wear sunglasses or goggles. Skiing is a lot more fun when you can see. Always wear eye protection. The sun can burn your eyeballs.

When buying outer skiwear, look for fabric that is water and wind-resistant. Look for wind flaps to shield zippers, snug cuffs at wrists and ankles, collars that can be snuggled up to the chin and deep pockets. Be sure to buy quality clothing products.

Put beginners in ski school to get them on the right

track. Instructors know how to teach skiing and snowboarding, it's their business. Then you'll enjoy skiing with your friends and they will be proud to show you their skiing abilities.

Be sure you have a trail map.

Knows when to stop skiing. For example, if the clothing layer next to the skin stays wet and you're chilled, if you're injured, have a problem with equipment or even if you're just simply worn out. It's alright to stop before the end of the day and breaks are fun.

Set a meeting place if you get separated from your group. The walkie talkies now available are convenient and a big hit on the slopes.

When You Have Kids—

Starting your kids early, opens a world of adventure, fun, laughter and beautiful scenery. It's a tremendous feeling to learn that your kids' fondest childhood memories were of your family ski vacations as skiing/boarding become an important element in their lives. Your kids will be forever grateful to you when they become adults!

Put your kids in ski school to get them on the right track. Children's instructors know how to teach kids, it's their business. Then you'll enjoy skiing with your kids and they will be proud to show you their skiing abilities.



Ski Fitness – Workout Tips of Champions

Los Angeles
Council of Ski Clubs
www.lacouncil.org

Excepted from Helen Olsson at http://www.skiingmag.com. Photos by Mark Doolittle.

Erik Schlopy

Claim to fame: Ranked third overall in 2001 World Cup standings for GS; two World Cup podium finishes for 2001; Silver at 2003World Championships for GS.

Fit thought: "Skiing's an athletic sport, so I choose exercises that involve athleticism. The power clean hits all the major muscle groups, and it involves coordination and timing."

Targets: Total body, emphasis glutes, hamstrings, and shoulders.



How to: With the barbell on the floor, legs flexed, lift the bar in one motion to your thighs, bringing the shoulders back and chest out. From there, lift with your shoulders in a shrugging motion, bringing the bar up to your collarbone (see photo). Elbows should end up under the bar, out front.

Reps & sets: Start with just the barbell, and work your way up in weight as you get stronger. Build to 3 sets of 12, then add weight and drop the reps.

Erik's tip: Before you go to the gym, pop a ski video into the VCR to get fired up. "The Ski Team has highlight videos of winning runs playing in the gym. We lift because we have a goal in mind — we're lifting to win."

Pam Fletcher

Claim to fame: 1988 Olympian; nine-year U.S. Ski Teamer; holder of six U.S. National titles.

Fit thought: "When you're skiing hard, the legs are flexed and angles are created. What keeps the whole thing together is your butt. It's the connection point."

Targets: Glutes, quadriceps, hamstrings; also works balance.

How to: Stand in front of a bench, facing away from it. Place your back foot on the bench, toes down, and hop forward. Holding dumbbells at your sides, sink down and come up. Repeat. Make sure the front knee doesn't go forward of your ankle. "This is an awesome move for the butt (and balance, too)," says Pam. "Believe me, you will be fried."

Reps & sets: First practice with no weight. Shoot for 3 sets of 12 on each leg. Then add weight, building to 10-30 lbs. in each hand.

Pam's tip: Before lifting, do only a light warm-up, say five minutes of biking, plus a light stretch. Huff for 45 minutes on the treadmill, and you'll be too tired to lift your water bottle.

Ski Fitness

It's never too late to start a fitness program.





Ski Industry News What's Happening

by Catherine Ohl, VP Communications, excerpted from www.saminfo.com

Big Sky-

Big Sky Resort is developing the north side of Lone Peak for the 2003/2004 ski season adding over 1000 new acres to the resort. The new Moonlight expansion will include a 2 mile long, six passenger high speed lift accessing the new intermediate and advanced terrain.

Horizon Air is offering new non-stop jet service

between Los Angeles (LAX) and Bozeman (BZN) on Saturdays from Dec. 21, 2002 through March 22, 2003.

Reaping Olympic Rewards-

Attendance numbers from the February 2003 Freestyle FIS World Championships at Deer Valley Resort indicate that the Olympic spirit is alive and well in Utah.

As part of 2003 Utah Winterfest, an Olympic anniversary celebration, the event included more than 200 athletes from over 24 countries. Total participation in all

events, concerts and celebrations drew close to 30,000 spectators.

Mammoth Museum-

It's official. The Beekley Collection — now a museum-size assemblage of ski paintings, posters, pins, magazine graphics and one of the world's outstanding ski libraries — will take up residence at Mammoth Lakes, California.

The Collection will be housed in a former college building, Edison Hall, located on 86 acres, given to the Mammoth Lakes Foundation by Southern California Edison. As a museum/gallery, the Beekley Collection in Edison Hall will be open to the public six or seven days a week. Renovations are underway, and expects to open within a year.

Telus World Ski/Board Festival

In its 8th year, the TELUS World Ski and Snowboard Festival is set to shake Whistler with a stunning array of sports, music and visual arts events for ten action-packed days—April 11-20, 2003.

With its well-established reputation as North America's largest and most impressive annual snowsports and music celebration, the Festival will this year feature the very best in ski and snowboard sporting events, complemented by the DKNY Jeans Live Outdoor Concert Series and a solid line-up of emerging talent, established rock stars and cutting edge musicians.

Ski Fashion Designer Dies –

Maria Bogner, the ski fashion designer who

changed the face of the ski world in the early 1950s with the stretch pants for skiers, died November, 2002 in Tegernsee, Germany, at the age of 88.

Until the Bogner revolution, skiwear was a world of navy blue and black gabardine.
Suddenly, Maria Bogner unleashed what turned out to be a fashion bombshell. Not only was the baggy look out but the



Since the invention of Maria Bogner's original ski stretch pant, Bogner has stood for quality, style and performance in skiwear.

sleek, slinky look became available in over 40 bright and exciting colors.

Maria, wife of **Willy Bogner**, was part of an intensely ski-oriented family which made its mark on the ski world also through the racing successes of their children, and the ski films of **Willy Jr.**

History Bits-The History of the Ski Lift

Excerpted from Mort Lund at http://www.skiinghistory.org/History.html

www.lacouncil.org

In the 1920s, the alpine nations of Europe began building ski lifts. The popularity of alpine skiing made lifts a way of vying for the winter tourist trade.

The Germans have the honor of being first, having set up a drag lift earliest in the first decade of the 1900s, joined by the Austrian drag lift at Dornbirn in 1908. The French kicked their liftbuilding off by finishing a cable car for skiers and hikers at Chamonix in 1927.

The Swiss constructed the first cable car built expressly for the ski trade, at Engelberg in 1928. In 1932, Gerhard Müller of Zurich patented an inexpensive rope tow run by a motorcyle engine, and began building them. In 1933, Davos finished the giant of its time, the Parsennbahn, a cog railway that rose 3000 vertical feet to Parsen.

The Austrians followed with St. Anton's Galzig cable car in 1938 as the era of popular walk-up skiing drew to a close.

The first recorded lift in America

was a drag tow at Truckee, California, in 1910, but it did not inspire imitators elsewhere. In 1933, Alec Foster built the Northeast's first rope tow at Shawbridge in the Laurentians outside Montreal, and lift skiing really took off.

The tow idea was copied quickly the next season, the winter of 1934, by **David Dodd**, run off the back wheel of a jacked-up car, in Woodstock, Vermont. Rope tows were simple—any competent mechanic could put one up. By 1940, rope tows were drawing thousands of Americans into skiing every season.

The first overhead cable in the world was the single-passenger J-bar built in 1934 at Davos, Switzerland, by Ernest Constamm. The first in America was the J-bar built the next year, 1935, at Oak Hill in Hanover, New Hampshire. In 1936, Constamm converted his Davos lift to a two-passenger T-bar, then moved to Denver and installed dozens of T-bars around the U.S. to make it the

workhorse lift of the generation.

Finally, what became the most

potent uphill transport of all was invented in the U.S. The chairlift, was designed by Union Pacific engineer **Jim** Curran for the 1936 opening of Sun Valley. It took a while for the chair to catch on; however, by the mid-1960s, chairs

were being installed at a clip of fifty to seventy a season.



Goldmine's (Big Bear Mtn.) Swing Lift, 1938

The most recent major advance is the fast, high-capacity chairlift, of which the detachable quad chair is the most rewarding. There were detachable prototypes as far back as 1952 at Snow Summit, California, in 1955 at Wengen, Switzerland, in 1969 at Utica, New York and in 1972 at Mt. Ste. Anne, Quebec, but the first modern detachable was the Dopplemeyer quad installed in November 1981 at Breckenridge, Colorado.



Sun Valley's First Chair



The Legend of Snowshoe Thompson: Mailcarrier on Skis

by Cory La Bianca

Price: \$6.95

The Legend of Snowshoe Thompson is the true adventure about John A. Thompson. A native of Norway, this well-noted "father of skiing in the United States" delivered the mail for 20 years to gold miners cut-off from the rest of the world during the California Gold Rush Era. He made his first 90-mile mail run over the Sierra Nevada on January 3, 1856 from Placerville, CA to Genoa, NV. They called him "Snowshoe," and the name stuck.



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10818 Viacha Dr.

San Diego,





FWSA Convention May 29 - June 1, 2003

Rancho Las Palmas Marriott Resort & Spa 41-000 Bob Hope Dr., Rancho Mirage, CA 760-568-2727



Convention Packages available at http://acatmeowz.com/FWSA





Convention Highlights - Registration Package \$125 (before 4/29/03)

- Silent Auction
- Travel Expo
- Club Leadership Seminars
- Celebrity Guest Speakers
- Saturday "Midnight at the Oasis" Awards & Dinner Dance
- FWSA Business Meeting

More Fun Events-

- Thursday "Lil Bit Country | Lil Bit Rock & Roll" Pub Crawl (\$30)
- Friday Golf (\$85), Tennis (\$30), Tram Ride & Hike (\$40), Celebrity's Tour (\$40)
- Friday Afternoon Pool Party (no-host bar)

Hotel Amenities-

- Tortuga Island with 100-foot Water Slide and 6,000 sq. ft. Swimming Pool
- Spa & Fitness Center, make advance reservations at 877-843-7720
- Ted Robinson 27-Hole Golf Course

Hotel Reservations-

- Call 1-800-458-8786, use code "FWSA" to get room rate of \$121 + tax | night
- Visit www.marriott.com, use code "FARFARA"

Information-

- Judy Schultheis, Convention Coordinator
- oohjudi@aol.com or 619-461-4478













Los Angeles Clubs Extended Trips



Dates	Destination	Club*	Contact
Mar 01, 2003	Mountain High, CA	SSC	Celelste Coleman- 626.797.0892
Mar 01-08, 2003	Panorama, Fernie	LBSC	Teresa Duell- tree-ski@earthlink.net / 714.893.6921
Mar 01-15, 2003	Val d'Isere	CSSC	Gene Burcham- skiing@conejoski.org / 818.591.2762
Mar 05-09, 2003	Tahoe	SAGA	Ken Slater- ken@sagala.org / 562.426.7870
Mar 07-15, 2003	Schladming, Austria	FWSA	Tucker Hoffmann- tkhoffmann@aol.com / 510.278.5900
Mar 08-16, 2003	Sestriere, Italy	PRA	Gene Fulkerson- gene@pacificrimalliance.org/858.467.9469
Mar 08-18, 2003	St. Moritz	ASBCLA	Steve Ott- steveott620@cs.com / 818.964.2410
Mar 14-22, 2003	St. Moritz	SAGA	Ken Slater- ken@sagala.org / 562.426.7870
Mar 16-22, 2003	Genoa, Florence, Italy	PRA	Gene Fulkerson- gene@pacificrimalliance.org/858.467.9469
Mar 16-23, 2003	Snowbird, UT	TRW	Rich Downey- rich.downey@trw.com / 310.812.5517
Mar 18-23, 2003	Big Sky, MT	WFSA	Lynne Mueller-Benn- 323.752.7713
Mar 29 - Apr 5, 2003	Banff, Canada	CSSC	Gene Burcham- skiing@conejoski.org / 818.591.2762
Apr 03-06, 2003	Alta / Snowbird, UT	SAGA	Ken Slater- ken@sagala.org / 562.426.7870
Apr 03-07, 2003	Mt. Bachelor, OR	FWRA	Nancy Sanford- nancy@SkiTourPros.com / 909.866.9066
Apr 03-07, 2003	Mt. Bachelor, OR	GSC	Larry Vicker- 818.249.9791
May 29 - June 1, 2003	FWSA Convention	FWSA	Judy Schultheis- oohjudi@aol.com / 619.461.4478
Jun 16 - Jul 6, 2003	Africa	AEA/SBSC	Donna Shumaker- newsletter@southbayskiclub.com / 310.834.0927
Jul 31 - Aug 12, 2003	New Zealand	PRA	Gene Fulkerson- gene@pacificrimalliance.org/858.467.9469
Aug 08-19, 2003	Africa	FWSA	Susie Vetter- travelFWSA@aol.com / 858.278.9026
Aug 12-17, 2003	Cook Islands, NZ	PRA	Gene Fulkerson- gene@pacificrimalliance.org/858.467.9469
Sept 12-23, 2003	Africa	FWSA	Tucker Hoffmann- tkhoffmann@aol.com / 510.278.5900
Jan 24-31, 2004	Lake Louise, Canada	FWSA	Susie Vetter- travelFWSA@aol.com / 858.278.9026
Jan 31 - Feb 07, 2004	Whistler, Canada	LAC	Bonnie West- travel@lacouncil.org / 562.699.8880
21-28 February, 2004	Banff, Canada	USRSA	Barbara Knight- usrsa@aol.com

* AEA	Aerospace	FWSA	Far West Ski Association	SSCLA	Single
ASBCLA	Asian	4SW	Four Seasons West	SSSC	Slope Surfers
ASRCBC	Auslich	GSC	Grindelwald	SSC	Snow Busters
BCSC	Beach Cities	HSC	Hughes	SBSC	South Bay
BSC	Buckhorn	KSC	Kronenstadt	TVSC	Tri Valley
CCSC	Century City	LAC	Los Angeles Council	TRW	The Right Way
CHASA	Cliff-Hangers'	LBSC	Long Beach	TU	Unrecables
CSSC	Conejo	LPSC	Los Padres	USRSA	US Recreation Ski Association
ESSC	Edelweiss	PRA	Pacific Rim Alliance	WSC	Wailers
EXB	Executive Board	RRR	Radar River Rats	WWSC	Westwood
FWRA	Far West Racing Association	SAGA	Saga	WFSA	Winter Fox

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Far West Racing Association 2003 Championships



www.lacouncil.org

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- Race Fees estimated at \$35 for two races
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- 909-866-9066 or 909-866-9396 (fax) or nancy@SkiTourPros.com

Required Information—

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City, Zip:	
Phone:	Airport: 🗖 LAX 📮 SAN 📮 Orango
Email:	
Roommate Preference:	



Elevation

6,300 - 9,065 feet

Vertical Drop 2,765 feet

Acres of Terrain

3,683 acres

Average Snowfall

350 inches

Lift Facilities 7 Express Quads

3 Triple Chairlifts

2 Surface Lifts

Number of Runs

71 runs

Alpine Terrain Rating

15% Novice

25% Intermediate

35% Advanced

25% Expert

Other Activities

Snowblast Tubing Snowshoeing Dog Sled Rides

page 19 —



Tripping Around Los Angeles Ski Clubs & Far West

Grindelwald Ski Club

Grindelwald will be hosting a **Bridge and Poker Potluck Social** on Sunday, March 9, 2003, at 11:30 AM in Pasadena.

626-351-9172

Century City Ski Club

Century City has announced its summer Water Ski Schedule. They will kick it off at Buena Vista on May 17, 2003. www.CenturyCitySkiClub.org



Tri Valley will host an **Ole Fashion Ski Hoe Down** at Mammoth, March 6-9, 2003. The bus leaves Thursday evening for three days.

www.TriValleySkiClub.com

South Bay Ski Club

The **meeting place** for South Bay has been changed to Round Table Pizza at 2701 PCH (near Artesia) in Hermosa Beach. Meetings are the 2nd Wednesday of most months at 6 PM sharp.

www.SouthBaySkiClub.org

Snow Busters Ski Club

Snowbusters will celebrate **March Madness**, March 21-23, 2003 in Salt Lake City. www.SnowBusters.com

Long Beach Ski Club

Long Beach will be visiting 3 Canadian resorts (Panorama, Kimberly & Fernie) March 1-8, 2003.

www.LongBeachSkiClub.org

Buckhorn Ski/Snowboard Club

Buckhorn still has 2 weekend trips planned to **Mammoth**, March 21-22 and April 11-12, 2003.

www.orgsites.com/ca/buckhorn/

Westwood Ski Club

Westwood will hold its monthly **Gourmet Potluck Dinner** on March 18, 2003. Call 310-216-0776 for information.

http://members.aol.com/wwskiclub

Edelweiss Ski Club

Edelweiss will return to Solvang to **Bike**, **Wine and Dine** Saturday, June 21, 2003. www.EdelweissSkiClub.org

Far West Ski Association

If you are a member of an LAC club, you are a member of FWSA and you can participate in the following events.

www.fwsa.org

- SCHLADMING, AUSTRIA Mar 7-15, 2003 Tucker Hoffmann, Trip Leader 510-278-5900 / tkhoffmann@aol.com
- CONVENTION May 30 June 1, 2003 Judy Schultheis, Convention Coordinator 619-461-4478 / oohjudi@aol.com
- AFRICAN SAFARI August 8-19, 2003 Susie Vetter, FWSA VP Travel 858-278-9026 / travelFWSA@aol.com
- AFRICAN SAFARI September 12-23, 2003 Tucker Hoffmann, Trip Leader 510-278-5900 / tkhoffmann@aol.com
- LAKE LOUISE, CANADA Jan 24-31, 2004 Susie Vetter, FWSA VP Travel 858-278-9026 / travelFWSA@aol.com



Tripping Around Los Angeles Council



LAC Calendar of Events

MARCH 2003

7-15 FWSA Schladming, Austria
Tucker Hoffmann / 510-278-5900

8 Ullr

9 Rokka & Ullr

29 LAC Championships

Judith Miller / 818-841-4192

APRIL 2003

4-6 FWRA Championship, Mt. Bachelor
 Nancy Sanford / 909-866-9066
 26-27 Mammoth Club Appreciation

MAY 2003

30-June 1 FWSA Convention, Rancho Mirage Judy Schultheis / 619-461-4478

August 2003

8-19 FWSA African Safari

Susie Vetter / 858-278-9026

SEPTEMBER 2003

12-23 FWSA African Safari

Tucker Hoffmann / 510-278-5900

NOVEMBER 2003

tba LAC Snow Gala

JANUARY 2004

24-31 FWSA Lake Louise Ski Week

Judith Miller / 818-841-4192

31 - Feb 7 LAC Whistler Ski Week

Bonnie West / 562-699-8880

MAMMOTH Mammoth Ski Club Appreciation Weekend is April 26-27, 2003.

Mammoth should have a flyer out soon. Lift tickets will be \$48.00 per day and a complimentary Cocktail Party will be thrown on Saturday night. Check out their web site at www.mammoth-mtn.com.

Los Angeles Council

LAC is a member council of the Far West Ski Association (FWSA) and the National Ski Council Federation (NSCF).

LAC is made up of 31 member clubs located throughout the greater Los Angeles region. The council offers a forum for clubs to come together to share activities and lessons learned. LAC sponsors a major Ski Week, Club Races, Volleyball, Softball, Gala Dance and summer event.

This newsletter is published bi-monthly. Articles for the next issue are due April 20, 2003. Media is accepted in electronic form (word or text). You can send photos electronically (ohl@acatmeowz.com) or snail mail (10818 Viacha Dr., San Diego, CA 92124). All photos will be returned.



Meetings

Mrs. Garcia's

13365 W. Washington Blvd., Mar Vista (1 block east of Lincoln at Glencoe)

General Meetings-

First Monday of the Month, 7 PM

Board Meetings–

Fourth Monday of the Month, 7 PM

2002-2003 Mammoth Races

This is the Race Schedule for the LAC leagues for the remaining of the season.

Ullr League-

March 8, 2003 (Saturday) GS March 9, 2003 (Sunday) SL

Rokka League-

March 9, 2003 (Sunday) SL

LAC Championships—

March 29, 2003 (Saturday) GS

Los Angeles Council Clubs www.lacouncil.org

Aerospace www.aeaclubs.org/ski/index.htm

Asian www.asbcla.org

Auslich www.auslichskiclub.org

Beach Cities www.bcskiclub.org

Buckhorn Ski/Snowboard Club www.orgsites.com/ca/buckhorn/

Century City www.centurycityskiclub.org

Cliff-Hangers

Conejo www.conejoski.org

Edelweiss www.edelweissskiclub.org/

Executive Board

Four Seasons West www.4sw.com

Grindelwald Ski Club

Hughes Ski Club

Kronenstadt http://skitownclubs.com/info.cfm/CA/Krony

Long Beach www.longbeachskiclub.org

Los Padres www.lospadresskiclub.net

Pacific Rim www.pacificrimalliance.org

Radar River Rats www.radarriverrats.org

Saga www.sagala.org

Singles www.singleskiclub.com

Slope Surfers www.slopesurfers.org

Snow Busters www.snowbusters.com

South Bay www.southbayskiclub.org

The Right Way www.therightwayskiclub.org

The Unrecables http://home.earthlink.net/~unrecables

Tri Yalley www.trivalleyskiclub.com

Wailers
www.wailersskiclub.org

Westwood http://members.aol.com/wwskiclub

Winter Fox Ski Association www.wfsainc.com

Los Angeles Council P.O. Box 83338 Los Angeles, CA 90083



First Class Mail

Thank You!

Over the past several years, a number of our LA Clubs have made very generous donations to enable an Unrecables club member to attend LAC Ski Week. This year, since LA was going to Winter Park, home of one of the best adaptive programs, the Unrecables decided to use the donations to subsidize as many members as possible. This year eight Unrecables were able to attend Ski Week thanks to the following clubs and organizations.

Don Beaulieu

- Sunshine Village

Century City
Conejo

Edelweiss

LA Council Pacific Rim NSCD
- National S

 National Sports Center for the Disabled in Winter Park

Radar River Rats

Tri Valley Wailers

Ski with Pride • Watch All Sides • Let It Ride First with Safety Awareness